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Jou Gratis Gemeenskapskoerant | Your Free Community Newspaper | 25 SEPTEMBER 2026

Leerders van graad 8 tot matriek hardloop
voor die rugbywedstryd op die veld uit tydens
Hoërskool Frikkie Meyer se MX vs RES-dag.

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ONE FINAL RUN



Platinum Bushvelder koerant | Thabazimbi – Op Vrydag 18 September 2026 het Hoërskool Frikkie Meyer se jaarlikse MX vs RES plaasgevind. Vir die jonger leerders was dit 'n dag van opwindning, skoolgees en sport. Vir die matrieks was dit alles ook – maar met die besef dat hulle hierdie tradisie vir die laaste keer as leerders sou beleef.

Elke jaar, voordat die matrieks hul eindeksamen aanpak, stel hulle spanne saam om teen die res van die skool mee te ding. Rugby, netbal, hokkie en sokker sorg vir 'n dag vol gejuig langs die veld en 'n gesonde skeut mededinging. Dis 'n dag waarna die jonger grade uitsien, en een wat die matrieks jare lank van die kantlyn af dopgehou het voordat dit uiteindelik hul beurt geword het.

Vanjaar het RES die netbal en hokkie gewen, terwyl MX met die rugbysege weggestap het. Die sokkerwedstryd het gelykop geëindig, wat RES die algehele wenner gemaak het. Maar vir die klas van 2026 sal die tellings waarskynlik net 'n klein deel van die storie wees. Hulle sal ook onthou hoe dit gevoel het om weer hul skoolsportklere aan te trek, saam langs die veld te staan

en hul vriende met volle oorgawe aan te moedig. Daar was lag, geraas en daardie bekende opgewondenheid wanneer 'n wedstryd begin. En iewers tussen al die gejuig was daar dalk die stil besef: volgende jaar sal hulle nie meer hier staan as leerders nie.

Die matrieks het ná die dag op Facebook geskryf: *“Ons het vir die laaste keer as matrieks ons sportklere aangetrek, langs die veld gestaan, geskree, gelag en alles gegee. 'n Dag wat ons jare lank as jonger leerders gesien het, het vandag ons eie herinnering geword.”*

Dit is wat MX vs RES besonders maak. Vir 'n graad 8-leerder kan matriek nog baie ver voel. Dan gaan die jare verby, en skielik is dit jy wat die skool se kleure vir hierdie laaste wedstryddag dra. Die jonger leerders kyk van die kantlyn af; die matrieks besef hoe vinnig hul eie beurt gekom en gegaan het.

Volgende jaar sal nuwe matrieks op die veld uitdraf en hul eie stories maak. Vir die klas van 2026 was 18 September egter hulle dag: een laaste keer om saam te speel, saam te juig en 'n herinnering huis toe te neem. Soos hulle dit self gestel het: *“Een laaste keer. One final run.”*



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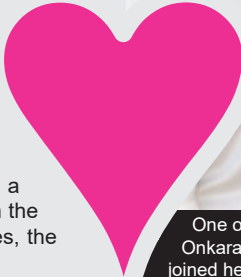
Platinum Bushvelder newspaper
| **Thabazimbi** – Wednesday, 23 September 2026, began like any other day for Onkarabetse Mokoena. There was no birthday, anniversary or special occasion on the calendar. But her fiancé, Jeffrey Rannyadi, had decided that the woman he loves deserved a surprise anyway!

With the help of Boom Boom Bears Entertainment, Jeffrey arranged for dancing teddy bears to make an unexpected entrance. He was there too, carrying a large bouquet of flowers. What had been an ordinary Wednesday suddenly became a moment Onkarabetse will treasure forever.

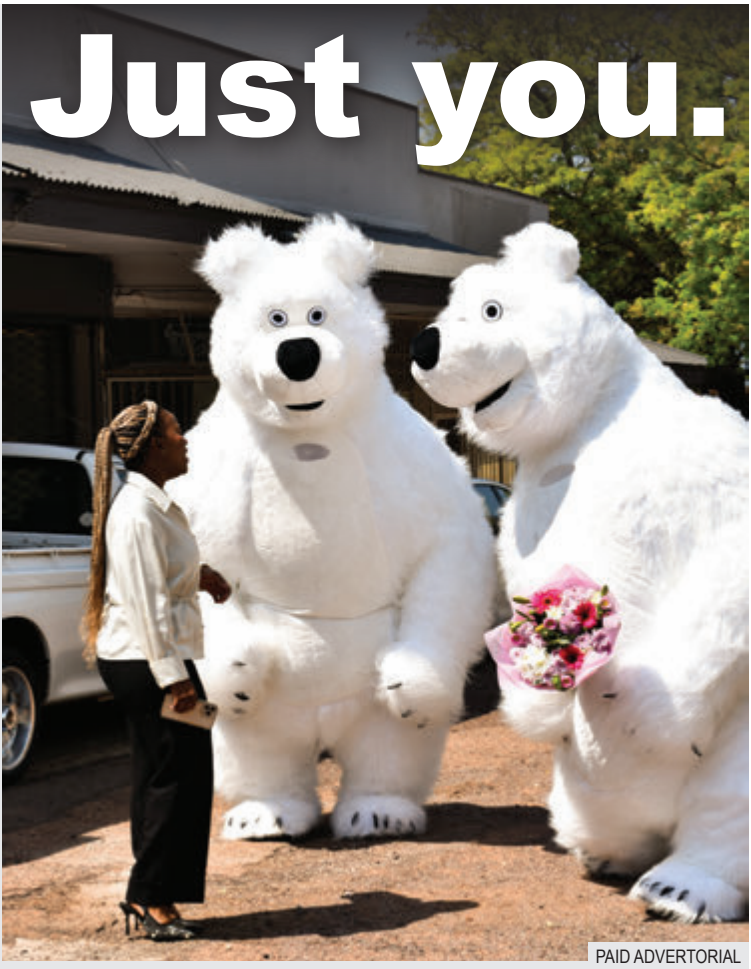
“This was such a lovely surprise. I could not believe my eyes when I saw those dancing teddies. Thank you to my man!” she said.

Those who know the couple will know that Jeffrey enjoys finding ways to surprise his fiancée. This time, there was no particular reason behind it. He simply wanted to remind Onkarabetse how much she means to him. For Jeffrey, love is about more than flowers and memorable moments. “I think love is finding someone who inspires you to be a better person, while completely accepting you exactly as you are right now,” he said. And while the dancing bears certainly caught everyone’s attention, Jeffrey believes love is often clearest in the moments no one else sees. “People talk about the grand gestures like what we are doing today, but to me, real love is in the quiet, daily moments. It’s making her coffee exactly the way she likes it, travelling places together, and just choosing each other over and over again.”

His surprise brought flowers, dancing and a delighted smile to one Wednesday afternoon. It also carried a lovely thought: you do not have to wait for a date on the calendar to celebrate someone you love. Sometimes, the person is reason enough.



One of the Boom Boom Bears danced for a surprised Onkarabetse Mokoena, while her fiancé, Jeffrey Rannyadi, joined her with a large bouquet of flowers.



PAID ADVERTORIAL



Madeleine Bokelmann saam met haar man, Heindrich Bokelmann, en hul twee dogters.



H-2A: Die mense agter dié wat oorsee gaan werk

Platinum Bushvelder koerant – Vir baie Suid-Afrikaanse landbougesinne het die H-2A-program ’n belangrike deel van hul lewens geword. H-2A is die Amerikaanse visumklassifikasie vir tydelike of seisoenale landbouwerkers. Agter elke persoon wat tasse pak om op ’n plaas in Amerika te gaan werk, staan daar egter ’n eggenoot, kinders, ouers en ’n hele gesin wat saam die opoffering dra. Die program bied Suid-Afrikaners die geleentheid om ’n beter inkomste te verdien, waardevolle ondervinding op te doen en finansiële hul gesinne te sorg. Maar die prys wat daarvoor betaal word, is tyd – kosbare tyd wat nie saam met geliefdes deurgebring kan word nie. Sommige H-2A-werkers bring etlike maande op ’n slag in Amerika deur. Dit beteken dat ’n pa nie noodwendig deel is van sy kinders se alledaagse lewe nie – skoolgeleenthede, verjaarsdae, sportdae, familiebyeenkomste en al die klein oomblikke wat ’n mens maklik as vanselfsprekend aanvaar. Vir baie gesinne is dit egter nie bloot ’n keuse tussen twee werksgeleenthede nie. Plaaslike werk wat dieselfde finansiële geleentheid bied, is eenvoudig nie altyd beskikbaar nie.

Die pad Amerika toe

Om deur die H-2A-program Amerika toe te gaan, is nie so eenvoudig soos om ’n tas te pak en op ’n vliegtuig te klim nie. Aansoekers werk dikwels deur ’n werwingsagent wat hul ervaring en vaardighede evalueer en probeer bepaal by watter soort boerdery en werk hulle die beste sal pas. Daarna volg die visum- en reisreëlings voordat die lang reis uiteindelik kan begin. Daar kan ook groot aanvanklike uitgawes wees. Afhangend van die werwings- en terugbetalingsreëlings, kan ’n werker aanvanklik geld vir onder meer die visumproses en vliegtuigkaartjie moet voorsien. Die bedrag kan maklik tienduiseende rande beloop, veral wanneer die wisselkoers in berekening gebring word. Maar wanneer die vliegtuig uiteindelik opstyg, begin die ander kant van die H-2A-lewe.

“Ek moes leer om alles self te doen”

Vir Madeleine Bokelmann, wie se man H-2A-werk in Amerika doen, het dié leefwyse beteken dat sy as vrou en ma moes leer om baie dinge self te hanteer.

“Ek moes leer om alles op my eie te doen. Ek moes selfs leer hoe om self ’n band om te ruil en ’n motorbatterry te laai,” vertel sy.

Hoewel die gesin mettertyd by die nuwe leefwyse aanpas, sê Madeleine dit bly ’n daaglikse uitdaging. Hulle probeer deur gereelde kommunikasie steeds deel van mekaar se lewens wees. ’n Gesprek wanneer hy soggens opstaan en weer voordat hy gaan slaap, help om die afstand ’n bietjie kleiner te laat voel.

“Dit bly moeilik. Elke dag is ’n stryd,” sê sy.

Die moeilikste oomblikke is wanneer sy siek is en haar man nie daar is om te help nie. Omdat familie ook nie noodwendig naby woon nie, moet sy eenvoudig aanpas en voortgaan. Vir die kinders is dit dieselfde. Daar is goeie dae en moeilike dae, veral wanneer pappa nie ’n belangrike geleentheid kan bywoon nie. Verjaarsdae, huwelikshedenkings, ’n wintersbal of selfs ’n Graad 3-dans kan bittersoet wees – juis omdat een belangrike persoon nie daar is om dit saam met hulle te beleef nie.

“Die grootste opoffering is dat ons nie tyd saam deurgebring en herinneringe maak nie,” sê Madeleine. Wanneer haar man wel terugkeer, mors die gesin nie tyd nie. “Ons gaan somer dadelik saam uit om te eet.”

Haar boodskap aan ander H-2A-gesinne is eenvoudig: Kommunikasie is uiters belangrik. Al leef ’n pa en sy gesin maande lank in verskillende lande, moet hulle daarteen waak

om by mekaar verby te begin leef. “’n Mens moet jou leefstyl aanpas om voort te gaan sonder om by mekaar verby te leef. Vertrou mekaar en onthou waarom julle dit doen.”

’n Mamma se perspektief

Dit is nie net die vrou wat tuis agterbly wat die afstand voel nie. Vir Anina Nel, wie se seun Amerika toe is om H-2A-werk te doen, het sy eerste vertrek ’n ander soort kommer gebring – dié van ’n ma wat haar kind duisende kilometers ver moet laat gaan.

“Die onbekende wat hy aangedurf het, was my grootste bekommernis. Ek was veral bekommerd oor die reis en dat hy van een vliegtuig na ’n ander moes gaan. Ek was bang hy raak deurmekaar en weet nie wat om te doen nie.”

Om te weet jou kind is so ver van die huis af, is nie maklik nie. Tog sê Anina dat moderne tegnologie help om die afstand aansienlik kleiner te laat voel. “Dit is moeilik omdat hy so ver is. Maar of jy nou in Amerika of in die Kaap is, ’n mens kan nie sommer net in die motor klim en daarheen ry nie. Vandag se tegnologie is uitstekend en ’n mens kan gereeld oor die foon praat, wat baie help.”

Ten spyte van die tydverskil probeer hulle gereeld kontak hou. Volgens Anina raak ’n mens mettertyd gewoond aan die verskillende tydsone.

“’n Mens voel geruster wanneer jy weet waar hulle is.” Die dae waarop sy haar seun die meeste mis, is dieselfde dae waarop talle ander H-2A-gesinne ook hul geliefdes die nodigste het – tydens groot familiebyeenkomste, verjaarsdae en ander belangrike geleenthede. Gelukkig, sê sy, haal haar seun vinnig in wanneer hy weer tuis is.

Die bekommernis van ’n mammahart

Anders as wat sommige mense dalk verwag, sê Anina dat sy nie voortdurend oor haar seun se veiligheid bekommerd is nie. Haar grootste kommer is eerder die lang ure wat hy werk.

“Tyd is geld. Hoe meer ure hulle werk, hoe beter is die inkomste. Dit hang natuurlik ook af van die soort werk wat jou kind doen.” Sy het egter ook ’n duidelike verandering in haar seun opgemerk sedert hy oorsee begin werk het. Volgens haar het hy meer volwasse en selfstandig geword. Hy het ook geleer om ’n begroting op te stel en verantwoordelik met sy geld te werk.

Dan is daar daardie oomblik waarvoor elke H-2A-ma wag: wanneer haar kind weer veilig tuis is. “Dit is die lekkerste gevoel wanneer jou kind terug is – veral wanneer hy jou verras deur met ’n vriend te reël om hom by die lughawe te gaan haal en dan somer onverwags by mamma se werk of by die huis opdaag.”

Vir ’n mammahart is daar min dinge wat daarmee vergelyk kan word. “Dit is die lekkerste gevoel om jou kind weer styf vas te hou – veilig terug en sonder die spanning.”

Meer as net geld

Vir Anina gaan H-2A nie net oor geld verdien nie. Die program bied haar seun die geleentheid om ondervinding op te doen, nuwe kennis te bekom en as mens meer selfstandig te word.

Haar boodskap aan ander ouers wie se kinders dit oorweeg om H-2A-werk te gaan doen, is om rustig te bly. “Die goeie boere kyk mooi na die kinders. Ondervinding en kennis kan niemand van jou wegneem nie. Hulle leer daar dinge wat hulle nie noodwendig hier sou kon leer nie.”

Uiteindelik is dit dalk die kern van die H-2A-lewe: ’n geleentheid wat finansiële voordele, persoonlike groei en waardevolle ondervinding kan bring, maar wat terselfdertyd ’n gesin se vermoë om afstand, verlange en gemiste oomblikke te hanteer, op die proef stel.

Vir die persoon wat oorsee werk, is dit maande se harde werk. Vir die eggenoot wat tuis bly, is dit maande van selfstandig wees. Vir die kinders is dit maande waarin pappa se plek by belangrike geleenthede leeg bly. En vir die ouers is dit maande waarin hulle moet vertrou dat hul kind veilig is en die beste van die geleentheid maak. Maar wanneer die vliegtuig uiteindelik weer land en daardie langverwagte drukkies plaasvind, voel die maande se afstand vir ’n oomblik die moeite werd.

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Notice is hereby given in terms of the Environmental Impact Assessment Regulations of 2014 as amended, published in terms of the National Environmental Management Act (NEMA) No. 107 of 1998, notifying and inviting the public to register and participate in the EIA process for Environmental Authorisation (EA) application for Prospecting Rights lodged in terms of the MPRDA (Act No. 28 of 2002).

Nature of Activity: Elwood PM Investments (Pty) Ltd has applied for a Prospecting Right for Manganese Ore (Mn), Iron Ore (Fe), Gold Ore (Au), Vanadium Ore (V), Limestone (Ls), Lead (Pb), Andalusite (An), Chrome Ore (Cr), Copper Ore (Cu), Lithium Ore (Li), Platinum Group Metals (PGM), Nickel Ore (Ni), and Magnesite (Mg) on a Portion of the Remaining Extent of the Farm **Bokplaats 200 KP**, a Portion of the Remaining Extent of the Farm **Stellenbosch 222 KP**, a Portion of Portion 3 of the Farm **Welgevonden 223 KP**, and a Portion of the Remaining Extent of the Farm **Uitsig 230 KP**, in the Magisterial District of **Thabazimbi**, Limpopo Province.

Basic Assessment Process will be undertaken for the above properties. The Environmental Reports will be available for public review from **25 September 2026** ending on **24 October 2026**. The reports will be circulated to all registered Interested and Affected Parties (I&APs). In order to register and participate in the EIA process, you are invited to contact us **before 24 October 2026** through the following methods: **Contact Persons:** Mr Mugagadeli Phathutshedzo and Ms Mpho Mphaphu
Email: phathu@mugagroup.co.za / consultation@mugagroup.co.za / moses@mugagroup.co.za
Telephone: +27 73 796 6769 / 072 173 3307
All registered I&APs will be notified in writing of the availability of the reports and the opportunity to submit comments.
Comments must be submitted in writing to the contact details above by no later than 24 October 2026.



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Rhinos ready to charge in Gold Cup clash!

Platinum Bushvelder newspaper | Northam – Rugby supporters are in for an exciting afternoon when the Northam Rhinos Rugby Club's first team takes on Nelspruit Rugby Club in a Pick n Pay Gold Cup encounter.

The match will be played at Bushveld Park in Setaria on Saturday, 26 September 2026.

Kick-off is scheduled for 16:00. The Rhinos will be counting on strong home support as they face their Nelspruit opponents in this important national club rugby competition. Local supporters are encouraged to fill the sidelines, wear their Rhinos colours and cheer the team on.

MATCH DETAILS

- Date:** Saturday, 26 September 2026
- Venue:** Bushveld Park, Setaria
- Teams:** Northam Rhinos First Team vs Nelspruit Rugby Club
- Kick-off:** 16:00
- Competition:** Pick n Pay Gold Cup

Come out and back the Rhinos as they charge into Gold Cup action!

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Die 2026/27 URC skop op 25 September af.

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- Ulster 20:45 Edinburgh

Saterdag 26 September

- Lions 13:30 Leinster
- Sharks 16:00 Ospreys
- Munster 18:30 Glasgow Warriors
- Zebre 18:30 Bulls
- Scarlets 20:45 Cardiff



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quick & simple stir-fry





ALL 3 FOR R75

Fresh Egg Noodles 250g pack & The Kitchen Soya/Sweet & Sour Stir Fry Sauce 120g each & Crunchy Stir Fry Mix 600g pack/Oriental Stir Fry Mix 365g tub/Julienne Stir Fry Mix 420g tub each



GET UP TO

75% BACK

on over 2500 HealthyFood items



Scan to check your eligibility for the offer

Up to 75% back in Discovery Miles for Vitality members, assessed up to 75% back in Discovery Miles, when paying with a qualifying Discovery Bank card. Auto. XRP. Terms. T&Cs apply.

OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

the perfect platter



SAVE R15

44⁹⁹

100g/125g each
Emborg
Camembert/Brie/
Danablu Creamy
Blue Cheese



SAVE
R10

Forage and Feast
Whole/Pitted
Kalamata/Halkidiki
Green Olives
295g/300g/Kalamata
Tapenade 125g each



SAVE R15
49⁹⁹

2 FOR
Deli Guacamole
150g

SAVE R10
49⁹⁹

300g each
Deli
Hummus

SAVE R10
54⁹⁹

125g each
Deli Smoked
Snook Paté

SAVE
15%

Tirolese Meats Sliced Meat
All Variants 400g Each

mediterranean flavours



SAVE R35
34⁹⁹

150g
Emborg Maasdam
Full Fat Semi Hard
Cheese Slices



SAVE R10
49⁹⁹

150g
Emborg Cheddar
Cheese Slices



SAVE R15
54⁹⁹

150g
Emborg Havarti
Cheese Slices



SAVE R20
64⁹⁹

150g
Emborg Cheddar
Cheese Strips



SAVE R30
79⁹⁹

200g each
Alambra Cow, Sheep &
Goat's Halloumi Cypriot
Grilling Cheese



SAVE R10
49⁹⁹

each
Forage and Feast
Ricotta 250g/
Mascarpone 230g



SAVE R10
49⁹⁹

100g each
Castello
Danish/Creamy
Blue Cheese



BUY ANY 2 &
**SAVE
15%**

Castello Danablu/Mature
Cheddar/Havarti Creamy
Cheese 100g/200g

dunking favourites



BUY ANY 2 &

SAVE
20%

Forage and Feast
Confectionery
Biscuits All Variants



FORAGE
AND FEAST

gluten free goodness

Simple
Truth

GLUTEN FREE
GMO FREE
VEGETARIAN
WITH EGG



COLLECT 5 &
WIN

BUY ANY 2 &
**SAVE
15%**

Simple Truth Gluten
Free English Muffins 4
per pack/Seed & Nut
Rolls 2 per pack/Hot
Dog Rolls/Hamburger
Buns/Loaf 490g/
Sourdough Loaf/
Ciabatta Loaf/White
Bread Loaf/Pizza
Bases 2 per pack

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simply heat & eat




SAVE R60
269⁹⁹ 1kg
Ready to Cook
Oxtail Stew

 SAVE R15 49⁹⁹ 350g each Simple Truth Creamed Spinach & Butternut Ready Meal	 SAVE R40 139⁹⁹ 1kg Bella Vita Mac Cheese Pasta	 SAVE R15 194⁹⁹ 800g Ready to Cook Butter Chicken Curry	 SAVE R80 349⁹⁹ 1.2kg Ready to Cook Lamb Shank
 SAVE R35 59⁹⁹ 450g Gourmade Malva Pudding	 SAVE R20 109⁹⁹ 450g The Menu Peppermint Crunch Dessert	 SAVE R15 54⁹⁹ 250g Simply Great Basil Pesto & Bulgur Wheat Salad	 SAVE R10 34⁹⁹ 200g Gourmade Cheese Sauce

authentic Italian flavours



FORAGE AND FEAST

 SAVE R10 44⁹⁹ 250g each Forage and Feast Paprika/Mushroom Farfalle	 SAVE R10 ANY 2 FOR R89 Forage and Feast Spinach & Ricotta/ Italian Cheese Tortellini 250g	 SAVE R10 ANY 2 FOR R99 Forage and Feast Datterino/Cherry Tomato & Ricotta/Cherry Tomato & Aubergine/Tomato & Basil Pasta Sauce 260g/330g
 SAVE R40 259⁹⁹ 1L each Forage and Feast Cold Extracted Extra Virgin Olive Oil	 SAVE R10 149⁹⁹ 150g each Forage and Feast Grana Padano/ Parmigiano Reggiano/Pecorino Romano Cheese	 SAVE R10 119⁹⁹ 250ml Forage and Feast Balsamic Vinegar of Modena

crispy crust perfection



Bella Vita



SAVE R19
BOTH FOR R99
Bella Vita
Hawaiian/Club/
Bacon & Feta/BBO
Chicken & Bacon/
Meaty Deluxe
Pizza 440g-495g
each & Sparletta
Sparberry/Creme
Soda/Pine Nut/
Iron Brew/Apple
Rush/Twist Lemon/
Granadilla Cold
Drink 2L each

tasty kids meals



OH MY GOODNESS!
Oh My Goodness!
Ready Meals
All Variants
200g/220g

SAVE R40
ANY 3 FOR R149
Oh My Goodness!
Ready Meals
All Variants
200g/220g

NO JUNK PROMISE:
No added MSG
No artificial colours or flavours
No artificial sweeteners

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THE WIDEST CHEESE RANGE IN SA



19⁹⁹
per 100g
Cyprus Foods
Haloumi/Soft
Mozzarella Cheese



26⁹⁹
per 100g
Meze Foods
Braailoumi
All Variants



SAVE R15
82⁹⁹
400g
Ladismith Cheese
Mozzarella Cheese



SAVE R10
46⁹⁹
100g
Kiri Medium Fat
Cream Cheese
Portions



SAVE R10
54⁹⁹
85g each
Meze Foods
Parmesan Cheese
Shaker



SAVE R18
56⁹⁹
400g each
Clover Feta Style
Cheese All Variants

parmalat
EVERYTHING
needs cheese

AS SEEN
ON TV



SAVE 10%
44⁹⁹
150g each
Parmalat
Cheddar/Mozzarella
Cheese Slices

SAVE 11%
59⁹⁹
250g each
Parmalat Grated
Cheese All Variants

SAVE R10
79⁹⁹
100g each
Parmalat Gouda/
Cheddar Cheese
All Variants



SAVE R10
64⁹⁹
230g each
Parmalat Cheese
All Variants



SAVE R20
64⁹⁹
400g each
Parmalat
Processed Cheese
Slices All Variants



SAVE R40
119⁹⁹
300g each
Parmalat
Processed Cheese
Slices All Variants

PROTEIN FOR EVERY PLATE



74⁹⁹
per kg
Farmer's Choice Fresh
16-Piece Chicken
Drumsticks & Thighs



89⁹⁹
per kg
Farmer's Choice
Fresh 8-Piece
Chicken Wings/
Drumsticks/Thighs



89⁹⁹
per kg
Simple Truth
Free-Range Chicken
4 Drumsticks & 4 Thighs



119⁹⁹
per kg
Simple Truth
Free-Range Chicken
Breast Fillets



SAVE R50
199⁹⁹
1kg
BRM BBQ
Pork Loin Ribs



SAVE R15
54⁹⁹
350g-
400g each
Rainbow Simply Chicken
Frozen Crumbed Chicken
Fingers/Nuggets/Bites/
Pops All Variants



SAVE R12
62⁹⁹
350g/
400g each
Farmer Brown
Frozen Crumbed
Chicken Strips/
Fillets All Variants



SAVE R20
104⁹⁹
800g each
I&J Beefers/Chicksters
Frozen Burger Patties
All Variants



SAVE R10
89⁹⁹
400g
MJC Frozen Half
Shell Mussels



SAVE R60
159⁹⁹
700g
Cape Point Frozen
Platter Prawns



SAVE 12%
Cape Point
Flavoured Sticks 500g



SAVE R30
74⁹⁹
600g
Sea Harvest
Fish Fingers



SAVE R40
94⁹⁹
500g each
Sea Harvest
Crisp & Chunky
Frozen Crumbed
Fish Fillet Portions
All Variants



SAVE R60
99⁹⁹
500g
Sea Harvest
Frozen Cape
Whiting Portions



SAVE R45
99⁹⁹
600g each
Sea Harvest
Fish Friday Frozen
Crumbed Fish
Portions All Variants



SAVE 15%
Crispy Cuts
Frozen Hake Fillets/
Crumbed Prawn
Bites 400g Each



SAVE R25
109⁹⁹
1kg each
Rainbow Simply
Chicken Original/
Cheese Viennas



SAVE R17
79⁹⁹
1kg each
Rainbow Simply
Chicken Polony
All Variants



SAVE 11%
39⁹⁹
1kg each
Eskort French/
Garlic Polony



SAVE R15
64⁹⁹
1kg each
Eskort Red/
Smoked Viennas



SAVE FROM R6
ANY 3 FOR R99
Eskort Back/Diced/
Shoulder/Round Cut/
Streaky Bacon 200g



STAND A CHANCE TO
WIN BONGI
FOR A BRAAI & THE
ESKORT BRAAI LUX
FOR LIFE

BUY ANY
ESKORT
PRODUCT
& SWIPE
TO ENTER

Competition ends 22 November 2026.
Competition is exclusive to Checkers & Sixty60. T&Cs apply.
Visit www.eskort.com for more information.

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SAVE 13%

47⁹⁹
1.5L each

Sir Fruit 100% Fruit Juice Blend All Variants

ANY 2 FOR R190
BUY 1 FOR R99**

Crystal Valley Long Life Milk 6x1L per pack

SAVE R13

44⁹⁹
1kg each

McCain Country Crop Garden Mix Frozen Vegetables

SAVE R50

ANY 2 FOR R140

Dr. Oetker Ital Pizza Familia Frozen Pizza All Variants

GET UP TO **75% BACK** on over 2500 HealthyFood items

Scan to choose Checkers as your primary HealthyFood partner

SAVE 15%

16⁹⁹
700g

Sasko Premium Slices White Bread

SAVE 13%

19⁹⁹
8 pack each

Sunbake White Hot Dog Rolls/Hamburger Buns

SAVE R10

29⁹⁹
1kg

Blossom Epic Spread 25% Fat Spread

SAVE R17

39⁹⁹
1kg each

Sunshine D 40% Lite/60% Original Fat Spread

SAVE R15

54⁹⁹
1kg each

Flora 40% Light/50% Regular/Gold Fat Spread

SAVE FROM 10%

24⁹⁹
500g each

Wooden Spoon White/Yellow/Cordon Bleu Baking Margarine

ANY 2 FOR R139
BUY 1 FOR R74**

Bonnita/Parmalat Salted Butter 500g

SAVE R30

79⁹⁹
30 per pack

Extra Large Eggs (Brands May Vary)

SAVE R18

ANY 2 FOR R34

Danone Nutriday Smooth Yoghurt 6x100g per pack

SAVE R11

37⁹⁹
1kg each

Parmalat Fruit/Plain/Fabulite/Fat Free Yoghurt All Variants

SAVE R10

42⁹⁹
1kg each

Clover Bliss Double Cream Yoghurt All Variants

SAVE 28%

12⁹⁹
200ml each

First Choice Milkshake All Variants

SAVE 20%

19⁹⁹
500g each

Danone Yogi Sip Drinking Yoghurt All Variants

29⁹⁹
2L each

Douglasdale Full Cream/Low Fat Fresh Milk

SAVE 21%

33⁹⁹
2L each

Clover Tropika Dairy Fruit Mix All Variants

SAVE R15

64⁹⁹
2L each

Take 5 100% Juice Blend All Variants

SAVE 14%

42⁹⁹
500ml each

Douglasdale Fresh Cream

SAVE R10

24⁹⁹
1kg each

Clover Vanilla Custard/Chocolate Dairy Dessert

SAVE R25

54⁹⁹
500g each

Dairymaid Country Fresh Ice Cream All Variants

SAVE R45

89⁹⁹
1L each

Nestle Premium/Dairymaid Gelato Roma Ice Cream All Variants

SAVE R160

ANY 2 FOR R160

Cadbury Mini Ice Cream All Variants 5x60ml per pack

SAVE R50

ANY 2 FOR R120

Dr. Oetker Nice 'n Easy Frozen Ready Meals All Variants 320g/350g

SAVE R35

114⁹⁹
10 per pack

Today Frozen Beef Sausage Rolls/Mama's Pies Frozen Pies All Variants

ANY 2 FOR R129
BUY 1 FOR R69**

Dr. Oetker Ital Pizza Foldover All Variants 310g-345g

BAKE. SLICE. MMM...

AS SEEN ON TV

Dr. Oetker ITAL PIZZA FOLDOVER

SORT YOURSELF OUT!

RIDICULOUSLY DELICIOUS

New & Exclusive to Checkers & sixty60

SAVE R10

39⁹⁹
300g

Nature's Garden Frozen Mixed Vegetables

SAVE 13%

46⁹⁹
1kg each

McCain Frozen Slap Chips/Skinny Fries

SAVE R16

BOTH FOR R79

Nature's Garden Frozen Potato Chips 900g & Heinz Tomato Ketchup 505g

SAVE R15

84⁹⁹
500g/554g each

Dr. Oetker Ital Pizza Pizzinis All Variants

SAVE R35

129⁹⁹
4 per pack

Dr. Oetker Ital Pizza Frozen Margherita Pizza

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SAVE 15%

BUY 2 FOR
R49



Coca-Cola
Original Taste
Less Sugar
Cold Drink 2L

SAVE R27

39⁹⁹
450g each



Bakers
Tennis/
Romany/
Ginger Nut/
Nuttkrust/
Blue Label
Rusks

SAVE R20

ANY 2 FOR
R120



Mars/
Snickers/
Bounty/
Twix Mini
Chocolate
Bars 227g

SAVE 17%

ANY 2 FOR
R38



Fanta/Sprite/
Stoney
Cold Drink/
Schweppes
Soda Water 2L

AS SEEN
ON TV

BEST VALUE-FOR-MONEY SUPERMARKET



SAVE 16%
24⁹⁹
75g each

Mentos Chew!
Sweets All Variants



SAVE 14%
29⁹⁹
500g each

Bakers Eet-Sum-Mor
Biscuits All Variants



SAVE R15
ANY 3 FOR
R33

Cadbury 5Star/Astros/Crunchie/
Lunch Bar/P.S. Chocolate Bar



SAVE R30
ANY 2 FOR
R50

Nestlé KitKat Chocolate
Slab All Variants 99g



SAVE R20
59⁹⁹
100g each

Sally Williams Belgian
Chocolate Slab All Variants



SAVE R51
ANY 3 FOR
R99

Cadbury Dairy Milk Bubbly
All Variants 136g-170g



SAVE R70
239⁹⁹
337g each

Lindt Lindor Chocolate
Balls All Variants



SAVE 10%
24⁹⁹
125g each

Beacon Maynards Jelly
Tots Sweets All Variants



SAVE 22%
ANY 2 FOR
R34

Maynards Marshmallows
All Variants 135g



SAVE FROM R16
ANY 2 FOR
R40

Beacon Maynards Gum Sweets/
Allsorts Liqueur All Variants 100g/150g



SAVE R7
ANY 2 FOR
R27

Messaris Bubbles Maize
Snack All Variants 100g



SAVE R5
ANY 2 FOR
R35

Fiestas Corn Chips
All Variants 150g



SAVE 25%
ANY 2 FOR
R45

Long Chips Flavoured
Chips All Variants 75g



SAVE R10
ANY 2 FOR
R50

Lay's Kettle Cooked Potato
Chips All Variants 120g



SAVE R15
54⁹⁹
450g each

Safari Peanuts
All Variants



SAVE R20
FREE DEAL

BUY Epic Original Potato Chips 160g
& GET Dip All Variants 125g FREE!



SAVE 12%
41⁹⁹
1.2L each

Tiser Sparkling
Juice All Variants



SAVE 13%
32⁹⁹
1.5L each

Cappy Still 100% Fruit
Juice Blend All Variants



SAVE R13
36⁹⁹
2L each

Brookes Oros Squash
Concentrate All Variants



SAVE 24%
ANY 2 FOR
R30

Bos Ice Tea
All Variants 300ml



SAVE R15
54⁹⁹
1.5L each

Fitch & Leedes Cold
Drink All Variants



SAVE R17
59⁹⁹
1.5L each

Monster Energy
Drink All Variants



SAVE R20
59⁹⁹
60 per pack

Fruti Flow Ice Pops
All Variants

BUY ANY 2 &
SAVE 20%

Bonaqua Water
Products



SAVE R13

46⁹⁹
6x330ml per pack

Coca-Cola/Fanta/Sprite/
Stoney Cold Drink All Variants



SAVE R25

44⁹⁹
6x500ml per pack

Aquellé Flavoured
Water All Variants



SAVE R10

64⁹⁹
6x500ml per pack

Energade Sports Drink
All Variants



SAVE R21

ANY 2 FOR
R85

Rhodes 100% Fruit Juice Blend
All Variants 6x200ml per pack



SAVE R30

BUY 2 FOR
R130

Castle Free Alcohol
Free Lager Beer NRB
6x330ml per pack



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Eat better, live better.

Support your mind and body
with this feel-good selection



SAVE 10%
44⁹⁹
500g
Health Connection
Wholefoods White Rice Flour



SAVE R5
119⁹⁹
1kg
Butternut
100% Peanut Butter



SAVE 15%
59⁹⁹
350g
Simple Truth Muesli
All Variants 350g Each



SAVE R10
59⁹⁹
500g each
Glutagon Gluten Free
Premix All Variants



SAVE R10
59⁹⁹
500g each
Sam Mills Gluten Free
Penne/Fusilli/Spaghetti Pasta



SAVE R20
229⁹⁹
200g
Harvest Table Pure Bovine
Collagen Powder



SAVE 40%
ANY 2 FOR
R25
Sugarlean
Sweets
All Variants 25g/30g



SAVE 9%
ANY 2 FOR
R40
Canderel Sugar Free
Chocolate Bar
All Variants 27g/30g



SAVE 20%
19⁹⁹
500ml
Fair Cape
Smoothie
All Variants



SAVE 18%
17⁹⁹
100ml each
First Choice High Protein
Balance Fat Free Milk
All Variants



SAVE 20%
19⁹⁹
500ml each
First Choice High Protein
Recovery Low Fat Milk
All Variants



SAVE 18%
36⁹⁹
500ml each
First Choice High Protein
Max Fat Free Milk
All Variants



BUY ANY 2 &
SAVE
25%
Bakali Veggie/Corn/
Rice Cakes/Lentil Chips
All Variants 75g-150g



SAVE 15%
Freshpak Junior Flavoured
Rooibos Teabags All Variants 20 per pack



SAVE 15%
Closemyer Teabags
All Variants 10/20 per pack



SAVE 17%
47⁹⁹
700g
Lancewood Greek Delight
Double Cream Plain Yoghurt



SAVE R25
59⁹⁹
100 sticks
Canderel
Sweetener Sticks



SAVE R20
169⁹⁹
1kg
Health Connection Wholefoods
Xylitol Sweetener



BUY ANY 2 &
SAVE
15%
Nature's Choice
Products



SAVE 20%
Carb Smart
Selected Products



SAVE 20%
San Remo Gluten Free Pasta
All Variants 200g-350g Each

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SAVE R10

29⁹⁹
2kg

Tastic Long Grain Parboiled Rice

SAVE R10

ANY 2 FOR R30

Fatti's & Moni's Pasta Shapes All Variants 500g

SAVE R10

44⁹⁹
8x68g per pack

Maggi 2 Minute Noodles All Variants

SAVE R50

BUY 2 & GET A 3RD FREE

Knorr Pasta Pot All Variants 63g

STAND A CHANCE TO WIN R1 MILLION

Find an ultra-rare golden sticker, scan the QR code and stand a chance to win R1 million.

Maximum of 10 stickers per customer, per transaction. T&Cs apply.

SAVE R50

189⁹⁹
1.5L

Vesuvio Extra Virgin Olive Oil

SAVE 19%

21⁹⁹
410g each

Rhodes Butter Beans in Brine

SAVE 14%

24⁹⁹
430g each

Miami Boerie Relish All Variants

SAVE 12%

BUY 2 FOR R30

Koo Baked Beans in Tomato Sauce 400g

SAVE R15

ANY 2 FOR R39

Serena Italian Whole Peeled/Chopped Tomatoes 400g

SAVE R16

ANY 3 FOR R59

Cape Point Shredded Tuna in Brine/Oil 170g

SAVE 21%

22⁹⁹
410g each

Koo Peach Halves/Slices in Syrup

SAVE R9

59⁹⁹
170g each

Sooool Gravy Beef/Chicken Instant Gravy Granules

SAVE R10

39⁹⁹
300ml each

Ina Paarman's Salad Dressing All Variants

SAVE R10

49⁹⁹
340g

Mrs. Ball's Sweet Chilli Sauce

SAVE R10

59⁹⁹
500ml each

Ina Paarman's Marinade All Variants

SAVE 18%

36⁹⁹
200ml each

Ina Paarman's Sauce All Variants

SAVE 19%

21⁹⁹
300g each

Buffet Olives All Variants

SAVE R130

BUY 2 FOR R350

Santa Bianca Extra Virgin Olive Oil 1L

SAVE R10

22⁹⁹
100g each

Robertson's Spice Refill All Variants

SAVE R27

ANY 2 FOR R39

Robertson's Herbs & Spices Selected Variants

SAVE R12

32⁹⁹
200ml each

Robertson's Masterblends/Air Fry Seasoning All Variants

SAVE R20

59⁹⁹
500g each

All Joy Spaghetti Sauce All Variants

SAVE R15

54⁹⁹
1kg

Spekko Basmati Extra Long Grain White Rice

SAVE R26

ANY 2 FOR R58

Kellogg's Instant Noodles All Variants 5x70g per pack

SAVE R13

ANY 5 FOR R25

Knorr Packet Soup All Variants 50g

SAVE R14

ANY 2 FOR R30

Knorr Cook-In-Sauce/Potato Bake All Variants

SAVE R15

23⁹⁹
200g each

Knorr Aromat Seasoning Trio Pack Refill All Variants

SAVE 17%

24⁹⁹
200g each

Hinds Spices Southern Coating All Variants

SAVE R7

39⁹⁹
280g each

Miami Gherkins All Variants

SAVE R40

ALL 3 FOR R99

Crosse & Blackwell Tangy Mayonnaise 750g & All Gold Tomato Sauce 700ml & Mrs. Ball's Chutney All Variants 470g

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SAVE R20

69⁹⁹

Sunfoil Prochef Canola Oil

SAVE 19%

34⁹⁹

Snowflake Cake Wheat Flour

SAVE R15

49⁹⁹

Freshpak Pure Rooibos Teabags

SAVE R22

74⁹⁹

Bokomo Weet-Bix Cereal

Get a **FREE** sticker with every R200 you spend when you swipe your **Xtra Savings** card

SAVE R13

36⁹⁹

Nestlé Caramel Treat Cake Filling/Condensed Milk

SAVE R14 ANY 3 FOR R30

Moir's Jelly All Variants 80g

SAVE R15

69⁹⁹

Little Bee Choice Grade Honey

SAVE R13

36⁹⁹

All Gold Smooth Apricot/Apricot & Peach Jam

SAVE R27

69⁹⁹

Thokoman Smooth/Crunchy Peanut Butter

SAVE R20

89⁹⁹

Lotus Biscoff Smooth/Crunchy Spread

SAVE R5

39⁹⁹

Moir's Vanilla Flavoured Custard Powder

SAVE 11%

24⁹⁹

Snowflake Self Raising Wheat Flour

SAVE R12

69⁹⁹

Ina Paarman's Cake/Dessert Mix All Variants

SAVE FROM R7

FROM 22⁹⁹

Joko Tea Products

SAVE R70

ANY 2 FOR R99

Jacobs Cappuccino Sticks All Variants 8/10 per pack

SAVE R25

74⁹⁹

Nestlé Milo Malt Powder Drink

SAVE R50

339⁹⁹

Antigua Coffee Beans All Variants

SAVE R20

59⁹⁹

White Star Super Maize Meal

SAVE R11

36⁹⁹

Jungle Original Oats Porridge

SAVE R40

99⁹⁹

Futurelife Smart Food Cereal All Variants

SAVE R18

46⁹⁹

Kellogg's Coco Pops/Froot Loops/Mash-Ups/Rice Krispies Cereal

SAVE R10

74⁹⁹

Kellogg's Crunchy/Fruit Mix Granola

SAVE R11

76⁹⁹

Kellogg's Corn Flakes Cereal

SAVE R15

94⁹⁹

Antigua Ground Coffee 250g/Coffee Capsules All Variants 20 per pack

Nando's

We sauced like that

AS SEEN ON TV

BUY ANY 2 & SAVE 25%

Nando's Peri-Peri/Peri-naise Sauce All Variants

OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

PLATINUM



PLATINUM



WE'LL BEAT ANY APPLIANCE PRICE IN SA, GUARANTEED!*

*T&Cs APPLY

PLATINUM



PLATINUM

- 1- Stand Bowl Mixer 3.4L - 449,99
- 2- Sport Blender 750ml - 299,99
- 3- Jug Blender 1.5L - 449,99
- 4- Stick Blender Set - 299,99

- Burgundy
- Brandy
- Stemless Flute
- Whisky

4-PACK
LEAD-FREE CRYSTAL

SAVE R10 FROM 149⁹⁹ per pack

Maison Forine Sommelier's Chest Glassware Range - 4-Pack

SAVE R20 FROM 179⁹⁹ per set

SCE Electric Starter Pack - 3-Piece

3-Piece

SAVE R40 FROM 149⁹⁹ per pack

Energizer Max AA/AAA Alkaline Batteries - 12-Pack

12-PACK

SAVE R50 FROM 349⁹⁹ per set

Sequence Stainless Steel Cutlery Set - 24-Piece

24-PIECE

SAVE R50 FROM 149⁹⁹ each

Floral Cookware Fortress Non-Stick Fry Pan - 24cm - All Variants

24cm

Non-Stick Fry Pan 28cm - 199,99

4-PACK

Coupe White Crockery Range - 4-Pack

SAVE R10 FROM 39⁹⁹ per pack

Coupe White Crockery Range - 4-Pack

4-PACK

SAVE R10 FROM 39⁹⁹ per pack

Coupe White Crockery Range - 4-Pack

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SAVE R10 FROM 39⁹⁹ per pack

Coupe White Crockery Range - 4-Pack

4-PACK

SAVE R10 FROM 39⁹⁹ per pack

Coupe White Crockery Range - 4-Pack

4-PACK

SAVE R10

- ✓ Ideal for vegetables, flowers & flowering shrubs
- ✓ Sustained release of nitrogen
- ✓ Enhances root growth
- ✓ Less volatile

Wonder Fertiliser
(Reg. No. K8301 Act 36 of 1947)
• 3kg • All Variants

SAVE R30
139⁹⁹ each

Deep Green Fertiliser - 139,99
All Purpose Fertiliser - 139,99
Lawn & Leaf Fertiliser - 139,99
Rose & Flower Fertiliser - 139,99

BushBaby
Captain's Chair
• All Variants

SAVE R50
199⁹⁹ each

HTH
Mineralsoft Granular+ Chlorine
• 8kg
(Reg. No. L146 & N-AR 1060 of Act 36 of 1947)

SAVE R80
419⁹⁹ each

SAVE XTRA ON OUTDOOR & GARDENING ESSENTIALS

SAVE R10
19⁹⁹ per pair

Yellow Latex Gloves - S - L

SAVE R7
19⁹⁹ each

Starke Ayres Seeds - All Variants

4-Pack - 99,99 SAVE R40
SAVE R15
59⁹⁹ per pack

2-PACK
Efekto No Ant Ready to Use Bait Stations - 2-Pack

SAVE R40
79⁹⁹ each

OUTDOOR FLYTRAP RID YOUR HOME OF FLIES
Efekto Redtop Disposable Outdoor Flytrap

SAVE R30
79⁹⁹ each

375ml
Efekto No Insect Indoors Cockroaches - 375ml

SAVE R50
139⁹⁹ each

500ml
Wonder Seagro Organic Plant Food General Fertiliser - 500ml

SAVE R20
59⁹⁹ each

500g
HTH Shock It Pool Treatment - 500g

SAVE R80
99⁹⁹ each

1,2kg
Blu52 All-In-One Pool Solution - 1,2kg (Reg. No. L7748 Act 36 of 1947)

SAVE R40
129⁹⁹ each

1,5kg
HTH Blu4weeks Floater - 1,5kg (Reg. No. L4709 Act 36 of 1947)

SAVE R60
159⁹⁹ each

1,66kg
HTH Floater+ Chlorine Pool Cleaner - 1,66kg (Reg. No. L6842 Act 36 of 1947)

SAVE R12
17⁹⁹ each

Addis Plastic Leaf Rake

SAVE R40
169⁹⁹ per set

5-PIECE
Mr Gardener Reinforced Garden Hose with Fittings - 5-Piece

SAVE R40
159⁹⁹ each

22ℓ
Alphas Polar Chill Cooler Box - 22ℓ

SAVE R50
249⁹⁹ each

595mm x 310mm
BushBaby Large Braai

SAVE R50
249⁹⁹ each

BushBaby Tavola Folding Table

FREE R30 AIRTIME VOUCHER

MoneyMarket

SAVE R100
1399
Add new starterpack

SAVE R50
799
Add new starterpack
Network locked

FREE 56GB
20GB FREE
36GB FREE
36GB FREE

Valid 21 September - 10 October 2026. Colour may vary from image shown. Subject to in-store SIM pairing and activation. Prices subject to change. While stocks last. Available at selected stores.

SAVE R2 FROM 27⁹⁹
Pulizia Plastic Range - All Variants

SAVE R10 FROM 39⁹⁹
Fass Cleaning Range - All Variants

SAVE R30 149⁹⁹
Essentials Microfibre Roll Kitchen Swabs - 50-Pack - All Variants

Square Basin 7ℓ - 27,99
Bucket 10ℓ - 27,99
Rectangular Basin 12ℓ - 32,99
Oval Bucket 13ℓ - 37,99

Dish Brush - 39,99
Iron Scrub Brush - 39,99
Dustpan & Brush Set - 59,99
Toilet Brush Set - 59,99
Double Action Mop - 69,99
Multifibre Broom - 69,99

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SAVE R25

84⁹⁹
1L each

Organics Shampoo/Conditioner All Variants

SAVE R25

64⁹⁹
4x90g per pack

Dove Bath Soap All Variants

SAVE R70

ANY 2 FOR R110

Sanex Shower Gel All Variants 500ml

SAVE R70

ANY 2 FOR R150

Pantene Shampoo/Conditioner All Variants 145ml-400ml

BEST VALUE FOR PERSONAL CARE

AXE

BLACK VANILLA

150 ml

AXE

AQUA BERGAMOT

150 ml

AXE

BLUE LAVENDER

150 ml

SAVE R15

44⁹⁹
150ml each

Axe Body Spray All Variants

SAVE R14

ANY 2 FOR R26

Lux Bath Soap All Variants 150g

SAVE R14

ANY 2 FOR R30

Dettol Bath Soap All Variants 175g

SAVE R40

ANY 2 FOR R99

Radox Body Wash All Variants 400ml

SAVE 20%

Good Stuff Hand Wash 500ml/1L/ Body Wash 700ml/Foam Bath 1,3L

SAVE R10

59⁹⁹
100ml each

Lenthéric I Love Body & Hair Mist All Variants

SAVE 18%

28⁹⁹
50ml each

Dove Roll-On All Variants

SAVE R20

ANY 2 FOR R40

Rexona Shield Roll-On All Variants 50ml

SAVE R30

89⁹⁹
50g each

Mitchum Gel Stick All Variants

SAVE 17%

32⁹⁹
50ml/100ml each

Playboy/Playgirl Deodorant All Variants

SAVE R10

34⁹⁹
100ml each

Rexona Shield Deodorant All Variants

SAVE 22%

42⁹⁹
32 per pack

Lil-Iets Non-Applicator Tampons All Variants

SAVE 14%

42⁹⁹
100 per pack

Lil-Iets Pantyliners All Variants

SAVE R25

ANY 2 FOR R60

Libresse Pantyliners All Variants 40 per pack

SAVE FROM R57

BUY 3 & GET THE CHEAPEST FREE

Always Duo Pack Sanitary Pads All Variants 12-20 per pack

NEW AXE

FINE FRAGRANCE COLLECTION

SMELL FINER THAN THE FINEST FRAGRANCES

NIVEA

IS FOR SKIN

WIN

SAVE R22

ANY 2 FOR R48

Nivea Roll-On All Variants 50ml

WIN

SAVE R13

39⁹⁹
100ml each

Nivea Deodorant All Variants

WIN

SAVE FROM R30

54⁹⁹
150ml each

Nivea Body Lotion/Cream Selected Variants

SAVE 30%

EverySun Sun Protection Products

BUY ANY 2 & SAVE 20%

Listerine Mouthwash Selected Variants 500ml

SAVE R30 ANY 2 FOR R90

Ingram's Body Cream Selected Variants 400ml/450ml

SAVE R70 ANY 2 FOR R150

Garnier Ultimate Blends Shampoo/Conditioner All Variants 360ml/400ml

Get a **FREE** sticker with every R200 you spend when you swipe your Xtra Savings card

SAVE R15

39⁹⁹

Colgate Max Toothpaste All Variants

SAVE R22 ANY 2 FOR R44

Colgate Original/Gel/Herbal Toothpaste 100ml

SAVE R25

39⁹⁹

Colgate Pro/Total Toothpaste All Variants

SAVE R20

79⁹⁹

Sensodyne Toothpaste Selected Variants

SAVE R25

74⁹⁹

Pearl Drops Tooth Polish All Variants

SAVE 20%

Dentek Triple Clean Floss Picks 75/90 per pack

SAVE R20

89⁹⁹

Perfect Touch Hairspray All Variants

SAVE R20

89⁹⁹

Perfect Touch Styling Gel All Variants

SAVE R20

89⁹⁹

Perfect Touch Mousse All Variants

SAVE R35

129⁹⁹

Garnier Nutrisse Hair Colour All Variants

SAVE 20%

Nativechilid Hair Care Products

SAVE FROM R27

BUY 3 & GET THE CHEAPEST FREE

Gynaguard Intimate Feminine Products

SAVE R20

49⁹⁹

Reitzer's Liquid Petroleum Jelly

SAVE 20%

Nivea Ladies' Facial Care Products

SAVE 20%

Nivea Men Face Care/Shaving Products

SAVE 25%

Gillette Razor Selected Products

SAVE 30%

Nivea Sun Protection Products

SAVE R45

134⁹⁹

Vaseline Cera-Glow Body Gel-Oil

SAVE R30

99⁹⁹

Vaseline Cera-Glow Body Lotion/Cream All Variants

POWERED BY PRO-CERAMIDES

CREME OF NATURE

INSTANTLY HYDRATES AND MOISTURISES TEXTURED HAIR

SAVE FROM R20

FROM 79⁹⁹

Creme of Nature Hair Care Products

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SAVE R20

89⁹⁹

38/76 per pack

Grand-Pa Headache Powders/ Tablets

SAVE R30

89⁹⁹

750ml

Dettol Original Antiseptic Liquid

SAVE R35

99⁹⁹

120g each

Citro-Soda Original/ Cranberry Antacid Effervescent Granules

SAVE R20

119⁹⁹

60 per pack

Tibb Sinugraine Sinusitis & Hay Fever Tablets

XTRA MONTH-END SAVINGS

SEASONAL WELLNESS

Calpol Tablets

SAVE R15

29⁹⁹

34 per pack

Calpol Pain & Fever Tablets

Clearblue

BUY ANY & SAVE 30%

Clearblue Pregnancy Test All Variants each

Disprin

SAVE R10

39⁹⁹

24/Extra Strength 16 Pain Relief Tablets (Excludes Extra Strength 24)

SELA

BUY ANY & SAVE 30%

Sela Teabags All Variants 20 per pack

DEEP HEAT

SAVE R40

139⁹⁹

10 per pack

Deep Heat Period Pain Patch

Zam-Buk

BUY ANY & SAVE 20%

Zam-Buk Ointment 7g/16g/60g/Lip Balm 7g each

VITAMINS AND IMMUNE SUPPORT

Medirite B Complex Exotic Berry Vitamin B Shot

SAVE R10

24⁹⁹

60ml each

Efferflu C + Citrus Immune Booster Effervescent Tablets

SAVE R20

94⁹⁹

20 per pack

Relicalm Calming Tablets

SAVE R25

109⁹⁹

20 per pack

Revite 1000mg Omega-3/ Flax Seed Softgel Capsules

SAVE R70 FROM

109⁹⁹

30 per pack

NutriPure Apple Cider Vinegar/ Multivitamin Complete Gummies

SAVE 20% FROM

143⁹⁹

60 per pack

Mni NeuroVance Brain Supplement Capsules

SAVE R60

149⁹⁹

30 per pack

Wellvita Beauty Collagen Supplement Capsules

SAVE R80

159⁹⁹

30 per pack

Slow-Mag Product Range All Variants

BUY 3 & GET THE CHEAPEST FREE

CARE FOR COLDS & FLU

Bayer Aspirin Tablets

SAVE 15%

44⁹⁹

30 per pack

Efferflu C Junior Berry Immune Booster Effervescent Tablets

SAVE R20

89⁹⁹

20 per pack

Sinulex Forte Capsules

SAVE R25

114⁹⁹

30 per pack

Tibb Flu-Relief Capsules

SAVE R25

59⁹⁹

20 per pack

Colloidal Nasal Spray

SAVE R35

99⁹⁹

100ml

Cepacol/ Cepacol Plus Throat Spray 20ml/Cough & Cold Syrup 100ml/Throat Lozenges 24 per pack/Cold & Flu Hot Medication 8 per pack/ Effervescent Tablets 10 per pack

BUY ANY & SAVE 25%

Banylin Cough Syrup 100ml/ Cough Lozenges 20 per pack/ Cold & Flu Syrup 100ml/Sinutab Saline Nasal Spray 15ml/Rehidrat Hydration Powder 6 per pack

BUY ANY & SAVE 20%

Linctagon-C Effervescent Tablets 12 per pack/Adult/ Junior Cold & Flu Syrup 100ml All Variants each

BUY ANY & SAVE 20%

LITTLE ONES DESERVE EXTRA CARE

Aahten & Persons Teething Powders

SAVE R10

42⁹⁹

20 per pack

Dilinct Junior Cough Syrup

SAVE R10

59⁹⁹

100ml

Calpol Strawberry/ Berry Blaze/ Orange Paediatric Suspension Syrup

SAVE R20

64⁹⁹

100ml each

Panado Paediatric Strawberry Syrup

SAVE R10

54⁹⁹

120ml

Karvol Decongestant Chest Rub 50g/ Inhalant Capsules 10 per pack

BUY ANY & SAVE 25%

Scott's Original Emulsion

SAVE R20

64⁹⁹

100ml

Mni NeuroVance Kids Strawberry Syrup

SAVE R55

134⁹⁹

100ml

VI-Daylin/ Muthi Wanyoni/ Tsamant/ Phipp's Product Range each

BUY ANY & SAVE 20%

Stimur Baby/Children & Adult Sea Water Nasal Hygiene Spray 30ml each

BUY ANY & SAVE 20%

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SAVE 20%

69⁹⁹
20 per pack

Essentiale Extreme Liver Care Capsules



BUY ANY & SAVE 20%

Berocca Boost Effervescent Tablets 10/20/30 per pack



BUY ANY & SAVE 40%

ACS Eye Care Products All Variants 10ml - 360ml



BUY 3 & GET THE CHEAPEST FREE

Vicks Products Selected Variants (Excluding 10g)



XTRA CARE XTRA SAVINGS

CARE FOR YOUR DIGESTIVE WELLNESS

SAVE R10

32⁹⁹

Brooklax Laxative Tablets



SAVE R11

ANY 2 FOR R35

Mister Alba Adults Chocolate/Kiddies Milkshake Laxative 100ml



SAVE R15

59⁹⁹

Black Forest Nativa/Lemon-Lime/Apricot-Apple Herbal Tea Bags



SAVE UP TO R40

FROM 89⁹⁹

Gaviscon Peppermint/Aniseed Antacid All Variants 12x10ml/150ml/24 per pack



SAVE R20

119⁹⁹

Gelacid Acid Suspension Gel



BUY ANY & SAVE 25%

Rennie Spearmint/Peppermint/Orange Heartburn & Indigestion Chewable Tablets All Variants 24/48/96 per pack



SAVE R75

289⁹⁹

Iberogast Classic Oral Liquid Supplement



BUY ANY & SAVE 20%

Dulcolax Laxative Coated Tablets/Suppositories for Children 10 per pack



SPORT & SLIMMING

SAVE R55

BUY 4 & GET A 5TH FREE

Nutri-Go Whey Protein Products All Variants 22g/33g/45g/60g



SAVE R10

ANY 2 FOR R40

Gloot Gummies All Variants 40g



SAVE R25

179⁹⁹

CrampEase Original/Night Capsules



SAVE R300

ANY 2 FOR R1100

Nutri-Go Whey Protein Powder All Variants 450g/415g/525g



SAVE R40

149⁹⁹

Replace Vanilla/Strawberry/Chocolate Citrus Milk Replacement Drink each



BUY ANY & SAVE 25%

Gloot Flat Tummy Toner Tea 20 per pack/Softgel Capsules 60 per pack



SAVE R50

179⁹⁹

Vitabech All in One Weight Loss Paste



SAVE R60

229⁹⁹

NutriTech Shimmer/Vanilla/Chocolate Whey Protein Powder



SAVE R80

289⁹⁹

Gloot Mumi Berry Flat Tummy Flats



TRUSTED BY OUR PHARMACISTS

LOVED BY FAMILIES

ALSO AVAILABLE AT Medirite+

SAVE 30%

34⁹⁹

Medirite Zinc Syrup



SAVE 25%

59⁹⁹

Medirite Energy Syrup



SAVE R23

74⁹⁹

Medirite Unflavoured/Cranberry Flavoured Citric Acid



SAVE R26

BOTH FOR R90

Medirite Saline Spray 30ml & Menthio Vapour Rub 50g



BUY ANY 2 & SAVE 25%

Medirite Dynadol Pain Relief Tablets 20 per pack



BUY ANY 2 & SAVE 30%

Medirite Medicinal Oil All Variants 20ml



BABY



SAVE R20
169⁹⁹
per pack

Lovies
Jumbo Pack
Disposable
Nappies



SAVE R85
249⁹⁹
per pack

Pampers
Jumbo Pack
Disposable
Nappies/
Pants



BUY 1 FOR
229⁹⁹
PER PACK
SAVE
R40
PER PACK
BUY 2 FOR
R400
SAVE
R160

Huggies Gold Jumbo
Pack/Extra Care
Disposable Nappies

LOVIES
ultra
premium nappies

- Up to 12-hour protection
- Dermatologically tested
- Soothing aloe vera
- Stretchy waistband & sides for a snug fit

BUY 1 FOR
169⁹⁹
PER PACK
SAVE
R20
PER PACK
BUY 2 FOR
R300
SAVE
R80

Lovies Ultra Value Pack
Disposable Nappies



SA's new
premium nappy



SAVE R12
ANY 2 FOR
R32

Johnson's Baby Soap
All Variants 175g



SAVE R20
54⁹⁹
500ml each

Johnson's Baby Aqueous
Cream All Variants



SAVE R20
54⁹⁹
300ml each

Johnson's Baby
Jelly All Variants



SAVE R15
64⁹⁹
400g

Johnson's Baby
Powder



SAVE R25
79⁹⁹
500ml each

Johnson's Baby Liquid
Soap All Variants



SAVE R20
79⁹⁹
1L

Milton
Sterilising Fluid



SAVE R22
BUY 2 FOR
R58

Garbie Baby Loo Nappy
Bin Liner Refill 20 per pack



SAVE R13
26⁹⁹
54 per pack

Satin Touch
Flushable Baby Wipes



SAVE R15
ANY 2 FOR
R45

Lovies Baby Wipes
All Variants 72 per pack



SAVE R70
89⁹⁹
224/208 per pack

Johnson's Baby
Wipes All Variants



SAVE R20
164⁹⁹
30 per pack

Huggies Little Snugglers
Premies Disposable Nappies



SAVE 14%
ANY 2 FOR
R24

Purity Baby 100% Fruit Juice
Blend All Variants 200ml



SAVE R16
ANY 4 FOR
R53

Purity 2nd Foods/Pouch Baby
Food All Variants 110ml/125ml



SAVE R22
ANY 4 FOR
R59

Purity 3rd Foods/Snack Pouch Baby
Food All Variants 150ml/200ml



SAVE UP TO 22%
24⁹⁹
250g each

Purity Baby Cereal
All Variants



SAVE R12
76⁹⁹
250g each

Nestlé Cerelac Baby
Cereal All Variants



SAVE R60
439⁹⁹
1.6kg

Pediasure 3+
Nutritional Supplement

IMPROVED
FORMULA
& NEW LOOK

NATURAL ORIGIN
UP TO
99%
INGREDIENTS

Naturally Safe from Day 1

Himalaya
SINCE 1930



SAVE
30%

Himalaya
Baby Products



SAVE R20
ANY 2 FOR
R40

Jolly Tots
Bowl/Plate Animals
All Variants



SAVE R10
59⁹⁹
2 per pack

Jolly Tots
Cup Set All Variants



SAVE R10
69⁹⁹
35 per pack

Jolly Tots
Breast Milk
Storage Bags



SAVE R50
99⁹⁹
each

Jolly Tots
Microwave Sterilizer



SAVE R30
139⁹⁹
2-piece

Tommee Tippee Feeding
Bowl With Lid & Spoon

OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

PET



OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Stand a chance to
WIN 1 of 25
R10,000

*actual prizes may vary from the illustrations

Buy any 2
participating products



swipe
to enter



T&Cs apply. Select stores only. Competition dates: 14 September - 1 November 2026

Cleanipedia

Scan to follow
us for Fun Easy
cleaning Hacks



SAVE R12
34⁹⁹
750ml each
Handy Andy
Floor Cleaner
All Variants



SAVE R10
ANY 2 FOR
R50
Handy Andy
Cleaning Cream
All Variants 750ml



SAVE R18
ANY 2 FOR
R56
Domestos
Disinfectant
All Variants 750ml



SAVE R31
ANY 2 FOR
R89
Domestos
Power Foam
All Variants 450ml



SAVE R30
ANY 2 FOR
R100
Comfort Fabric
Conditioner Bottle
All Variants 800ml



SAVE R16
BUY 2 FOR
R58
Sunlight Original
Dishwashing
Liquid 750ml



SAVE R18
ANY 2 FOR
R62
Sunlight
Anti-Bacterial
Dishwashing Liquid
All Variants 750ml



SAVE R50
ANY 2 FOR
R210
Omo Auto Liquid
Detergent 2L
Capsules
20 per pack



SAVE R30
119⁹⁹
each
Omo Auto Washing
Powder All Variants

Simple
Truth



BUY ANY 2 &
**SAVE
20%**

Simple Truth
Cleaning Products



SAVE R10
34⁹⁹
each
Jik Bleach
All Variants



SAVE R30
ANY 2 FOR
R50
Harpic Cleaning Gel/
Bleach All Variants 750ml



SAVE R15
ANY 2 FOR
R45
Jeyes Multipurpose Thick
Bleach All Variants 750ml



SAVE R17
39⁹⁹
each
Mr. Min Furniture Polish/Multi
Surface Cleaner All Variants



SAVE R17
69⁹⁹
each
Cobra/Dettol Tile/Floor Cleaner/
Jik Multipurpose Cleaner All Variants



SAVE R10
ANY 2 FOR
R55
Super Brite Multi Surface/
Tile Cleaner 300ml/750ml



SAVE R15
59⁹⁹
each
Carbo Iron Cleaner
All Variants



SAVE R10
34⁹⁹
each
Chemico Extreme
Paste Multipurpose Cleaner



SAVE R24
59⁹⁹
each
Chemico Granular
Drain Cleaner



SAVE R10
89⁹⁹
each
Drain Power Drain
Cleaner Liquid/Granules

Sta-soft

DISCOVER FINE
PERFUMERY FOR
YOUR LAUNDRY

by
French Master Perfumers

SAVE R60
ANY 3 FOR
R99

Sta-soft Ultra/
Parfum Fabric
Softener Pouch
All Variants 800ml



PARFUM DIVINE
JASMINE



PARFUM IMPERIAL
PEONY



PARFUM PISTACHIO
ABSOLUTE

NEW

AS SEEN
ON TV

NEW
BIGGER
800ml

60
WASHES

100% more
fragrance*

SAVE R60
ANY 2 FOR
R99

Sta-soft Fabric/
Ultra Softener
All Variants 1L/2L



SAVE R46
ANY 2 FOR
R54

Sta-soft Fabric
Softener Refill
All Variants 500ml



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PROVEN STAIN REMOVAL

NEW

Optimo

**KEEPS WHITES, WHITE
KEEPS COLOURS BRIGHT**

**SAVE R10
ANY 3 FOR
R65**
Optimo Fabric Softener Refill All Variants 500ml

**SAVE R30
119⁹⁹**
Optimo 3in1 Auto Laundry Capsules

**SAVE R10
54⁹⁹**
Optimo Fabric Softener

**SAVE R20
79⁹⁹**
Optimo Auto Liquid Detergent All Variants

GET UP TO **30%**

REAL CASH BACK*

when you pay with your Absa card

(absarewards) PAID OUT MONTHLY.

*Depending on your Rewards Tier. T&Cs apply.

BUY ANY 2 & SAVE 15%
Sylko Heavy Foil/Baking Paper 5m

BUY ANY 2 & SAVE 25%
Glad Products

BUY ANY 2 & SAVE 15%
Tuffy Products

BUY ANY 2 & SAVE 25%
Supa Mama Products

**SAVE R13
39⁹⁹**
Garbie Super Saver Refuse Bags

BUY ANY 2 & SAVE 15%
Bonnie Bio Air Fryer Paper Liners All Variants 20 per pack

SAVE 20%
Dr. Beckmann Cleaning Products

**SAVE R14
ANY 2 FOR R42**
Albex Disinfectant Bleach All Variants 750ml

**SAVE R14
ANY 2 FOR R50**
Albex Bleach All Variants 1,5l

**SAVE R30
ANY 2 FOR R100**
Albex Bleach Spray All Variants 750ml

**SAVE R30
199⁹⁹**
Bio Classic Triple Concentrated Washing Powder

**SAVE R15
49⁹⁹**
Personal Touch Auto Washing Powder Sheets

**SAVE R30
109⁹⁹**
Vanish In Wash/Stain Remover All Variants

**SAVE R26
ANY 2 FOR R70**
Plush Supreme Pine Gel All Variants 1l

**SAVE 20%
31⁹⁹**
Vim Multi-Purpose Powder All Variants

**SAVE R15
54⁹⁹**
Sebe Duo-P Carpet & Upholstery Cleaner

**SAVE 30%
BUY 3 & GET THE CHEAPEST FREE**
Ariel Auto Liquid Detergent 2d/3d Capsules 14/21/30 per pack All Variants

**SAVE 25%
219⁹⁹**
Finish Dishwashing Tablets All Variants

**SAVE R10
39⁹⁹**
Twinsaver Roller Towels

**SAVE R40
149⁹⁹**
Twinsaver 2-Ply White Toilet Rolls

OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Mr. Sheen

SAVE R13
36⁹⁹
Mr. Sheen
Clearview Glass
& Multi Surface
Cleaner



SAVE R15
39⁹⁹
Mr. Sheen
Cleaning & Disinfectant Spray
All Variants



SAVE R10
34⁹⁹
Mr. Sheen
Tile Cleaner
All Variants



XTRA SAVINGS
plus MONTHLY
SUBSCRIPTION

UNLIMITED DELIVERIES!*

ONLY
R99
PER MONTH



Sign up now



*R350 minimum
spend.
T&Cs apply.

Air Scents



SAVE
20%
Air Scents
Products



SAVE R7
32⁹⁹
100ml
each

Kiwi Shoe Polish
All Variants



SAVE R10
39⁹⁹
100ml
each

Kiwi Instant Shoe
Polish All Variants



SAVE R10
44⁹⁹
150ml
each

Mystify Air Freshener
All Variants



SAVE R10
**ANY 3 FOR
R50**

Mystify Air Freshener
Gel All Variants 180g



SAVE R10
**ANY 2 FOR
R70**

Mystify Moisture Absorber
Dehumidifier All Variants 230g



SAVE R18
19⁹⁹
250ml
each

Air Wick Air Freshener
All Variants



SAVE R25
89⁹⁹
250ml
each

Air Wick Freshmatic Air
Freshener Refill All Variants



SAVE R80
109⁹⁹
250ml
each

Air Wick Freshmatic Air
Freshener Unit All Variants



SAVE R15
69⁹⁹
300ml

Doom Mosquito Killer
Plug in Unit with Refill



SAVE R30
**ANY 2 FOR
R80**

Doom Insecticide
All Variants 300ml



BUY ANY 2 &
**SAVE
20%**

Raid Insecticide
Products



SAVE R13
34⁹⁹
250ml
each

Mortein Insecticide
All Variants



SAVE R25
89⁹⁹
250ml
each

Mortein Naturgard Automatic
Control System Refill All Variants



SAVE R45
99⁹⁹
250ml
each

Mortein Naturgard Automatic
Control System All Variants

ALL-ROUND PROTECTION FROM MOSQUITOES



mosquito and insect repellent
Tabard
STOPS INSECTS BUGGING PEOPLE

NIGHT AND DAY, AT HOME OR AWAY, TABARD STOPS INSECTS BUGGING PEOPLE



SAVE
20%
Tabard Insecticide
Products

NEW AND NATURAL

Plant-based Room
Spray, made from
natural extracts of
chrysanthemum
flowers. Safer for
people, pets and the
environment.



OFFERS VALID FROM 21 SEPTEMBER 2026 UNTIL 11 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

we bring the wine route to you

Available at
Checkers & LiquorShop

SAVE R20
89⁹⁹
750ml each
Diemersdal
Sauvignon Blanc
White Wine



SAVE R20
109⁹⁹
750ml each
Boschendal 1685
Chenin Blanc
Sauvignon Blanc
White Wine



SAVE R20
89⁹⁹
750ml each
JC Le Roux
Sparkling Wine
All Variants



SAVE R40
179⁹⁹
750ml each
Simonsig
Kaapse Vonkel
Cap Classique
Sparkling Wine
All Variants



SAVE R20
149⁹⁹
2x
KWV Classic
Sauvignon Blanc
White Wine



SAVE R20
179⁹⁹
2x
KWV Classic
Cabernet Sauvignon
Shiraz Red Wine



**BUY ANY 2 &
SAVE
R30**
Spier Signature
Collection Wine
All Variants 750ml



SAVE R15
74⁹⁹
750ml each
Leopards Leap
Selected Wine



SAVE R40
99⁹⁹
750ml
Roodeberg Classic
Red Blend Wine



SAVE R30
109⁹⁹
750ml
Alto Rouge
Red Wine



SAVE R40
224⁹⁹
750ml
Rupert &
Rothschild
Classique
Red Wine



SAVE R100
559⁹⁹
750ml
Meerlust
Rubicon Red Wine



LiquorShop

SAVE R20
179⁹⁹
750ml each
Gin Society
Gin All Variants



SAVE R20
179⁹⁹
750ml
Malibu Original
Rum Liqueur



SAVE R40
239⁹⁹
750ml
Grant's
Triple Wood Blended
Scotch Whisky



SAVE R40
249⁹⁹
750ml
Paddy
Irish Whiskey



SAVE R50
239⁹⁹
750ml
KWV Brandy
Unlocked



SAVE R80
319⁹⁹
750ml
KWV
VS Brandy



SAVE R180
**BOTH FOR
599⁹⁹**
750ml & Red Bull
Energy Drink
4x250ml



SAVE R50
319⁹⁹
750ml each
Jägermeister
Original/Orange
Liqueur



SAVE R55
**ANY 2 FOR
R165**
Castle Lite/Lite
Draught Lager Beer
Cans 6x500ml



SAVE R40
**ANY 2 FOR
R170**
CBC Regular/Lite
Lager NRB 6x340ml



SAVE R40
**ANY 2 FOR
R180**
Heineken
Premium/Silver Beer
NRB 6x330ml



SAVE R80
**BUY 3 FOR
R220**
Carling Black Label
Beer NRB 6x330ml



SAVE R45
**ANY 2 FOR
R175**
Strongbow Red
Berries/Gold Apple
Cider NRB 6x330ml



SAVE R40
**ANY 2 FOR
R210**
Belgravia Gin
Cooler All Variants
NRB 6x275ml



SAVE R65
**ANY 2 FOR
R285**
Savanna Premium
Dry/Angrý Lemon
Cider NRB 6x500ml



Not for Persons Under the Age of 18. Drink Responsibly. **#NO18** aware.org

Checkers

better and better

Checkers
Hyper



Download the app

OFFERS VALID FROM MONDAY 21/09/2026 UNTIL SUNDAY 11/10/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. ALCOHOL FOR SALE ON SUNDAYS IN GAUTENG ONLY. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. APPLIANCE PRICE BEAT GUARANTEE. SEE WWW.TERMSCONDITIONS.CO.ZA FOR DETAILS. T&Cs APPLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

PERSONAL CARE

promotion



21 SEPTEMBER – 4 OCTOBER 2026

SAVE R15

74⁹⁹
400ml each

Dove
Shower Gel
All Variants
Selected
Stores



SAVE R35

129⁹⁹
50ml each

EverySun
SPF 50
Face Crème
All Variants



SAVE R70

ANY 2 FOR
R150

Pantene
Shampoo/
Conditioner
All Variants
145ml-400ml



SAVE R20

ANY 2 FOR
R40

Rexona
Shield Roll-On
All Variants
50ml



SAVE R25

39⁹⁹
75ml each

Colgate
Pro/Total
Toothpaste
All Variants



Checkers

better and better

also at
**Checkers
Hyper**



Download the app

OFFERS VALID FROM MONDAY 21/09/2026 UNTIL SUNDAY 04/10/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

Save On Self-Care Essentials



SAVE 20%

Skin Republic
Skin Care Products



SAVE R10
39⁹⁹
150ml each

Cuticura Dermacare
Cream All Variants



SAVE R30
109⁹⁹
100ml

Derm Opal SPF 30+
Moisturising Sunscreen



SAVE R40
149⁹⁹
100ml

Derm Opal SPF 50+
Moisturising Sunscreen



SAVE FROM 23%
FROM 16⁹⁹
each

Oxy Face Care
Products



SAVE R10
59⁹⁹
250ml each

Bramley Tissue Oil
All Variants



SAVE R100
269⁹⁹
200ml

Bio-Oil
Skincare Oil



SAVE R5
19⁹⁹
each

Essentials Robin Guest
Towel 30x50cm All Variants



• Face Cloth
• Guest Towel - Hand Towel
• Bath Towel - Bath Sheet

SAVE R100
199⁹⁹
per set

Glitter Beauty
Toiletry Bag
All Variants
- 4-Piece

**BUY 4
& GET THE
CHEAPEST
FREE**

Essentials Chicago Range
Towels All Variants

facefacts.

CERAMIDE SKIN BARRIER COMPLEX

TREAT YOURSELF TO HEALTHY SKIN

5 CERAMIDES+
HYALURONIC ACID + OATS

5 CERAMIDES+
2% SALICYLIC ACID + NIACINAMIDE



SELECTED
STORES

SAVE 20%

Facefacts
Ceramide
Face Care
Products



STILL THE
ONE.
Cuticura
SINCE 1865



SAVE 20%

Cuticura Face Care
Products

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.



SAVE 20%

Good Stuff
Hand Wash 500ml/1L/
Body Wash 700ml/
Foam Bath 1,3L



SAVE 20%

Nuyu Body
Products



SAVE 15%
39⁹⁹
300ml

Milton Liquid
Hand Wash



SAVE 14%
29⁹⁹
350ml each

Handex 70% Alcohol
Liquid Hand Sanitiser



SAVE 11%
39⁹⁹
500ml each

Renew Liquid Hand
Wash All Variants



SAVE 11%
39⁹⁹
500ml each

Renew Foaming Hand
Wash All Variants



SAVE R20
ANY 2 FOR R40

Cutex Nail Polish Remover
All Variants 100ml



SAVE R15
ANY 2 FOR R45

Dolly Varden Glycerine/
Tissue Oil All Variants 100ml



SAVE R10
46⁹⁹
250ml each

Vaseline Petroleum
Jelly All Variants



SAVE R10
44⁹⁹
72 per pack

Simple Truth
Biodegradable Wipes



SAVE 15%

Happy Feet/Karoo
Feet Products



SAVE 20%

Healing Hands
Products



SAVE R10
69⁹⁹
5 per pack

Essentials Face Cloth Set
30x30cm All Variants - 5-Pack

**Spreads Like an Oil.
Works Like Pet Jelly.**

Reitner's
PetJell-Oyl™

Liquid Petroleum Jelly
with Ultra Potent
Tissue Skincare Oil

NEW

SAVE R20
49⁹⁹
300ml

Reitner's
Liquid
Petroleum
Jelly



Visibly Reduces
ASHY SKIN

Helps Relieve
DRY SKIN

Helps Fade
STRETCH MARKS

NIVEA IS FOR SKIN



SAVE FROM R30
54⁹⁹
500ml each

Nivea Body Lotion/Cream
Selected Variants



SAVE 15%

Nivea Q10 Firming Body Lotion/
Cream All Variants 400ml Each



SAVE 15%

Nivea Body Lotion
All Variants 625ml Each

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

EXCLUDING PLUS

SAVE R20

89⁹⁹

Epi-max Body Lotion

SAVE R35

99⁹⁹

Epi-max Body Cream All Variants

SAVE R30

ANY 2 FOR R90

Ingram's Body Cream Selected Variants 400ml/450ml

SAVE 20%

Renew Derma Products

SAVE R30

159⁹⁹

Palmer's Cocoa Butter Formula Shimmer Radiance Body Oil

SAVE 20%

Palmer's Cocoa Butter Formula Body Lotion/Oil 250ml/400ml Each

SAVE 20%

Palmer's Facial Oil 30ml/Cleansing Oil 190ml/Dark Spot Fade Cream 75g Each

SAVE R40

BUY 2 FOR R60

Reitner's Aqueous Body Cream 500ml

SAVE 20%

Reitner's Aqueous Cream/Body Lotion All Variants 400ml/500ml Each

SAVE FROM R65

249⁹⁹

E45 Dermatological Body Cream

Ready to glow? Just add

SELECTED STORES

Dove

- Roll-On 50ml - R28,99
- Deodorant 150ml - R41,99
- Deodorant 250ml - R64,99
- Deodorant Stick 40ml - R59,99
- Shower Gel 400ml - R74,99
- Bath Soap 4x90g per pack - R64,99
- Body Lotion 400ml - R89,99
- Body Cream 400ml - R89,99
- Body Wash 1l - R149,99
- All Variants

SAVE FROM 15%

FROM 28⁹⁹

Dove Products

Vaseline.

CERA-GLOW™

ENHANCE YOUR GLOW

SAVE R45

134⁹⁹

Vaseline Cera-Glow Body Gel-Oil

SAVE R30

99⁹⁹

Vaseline Cera-Glow Body Lotion/Cream All Variants

NEW

POWERED BY PRO-CERAMIDES

For soft skin & lasting nourishment

Vaseline.

SAVE R75

ANY 2 FOR R105

Vaseline Body Lotion/Cream Selected Variants 400ml

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Sanex
Keeps skin healthy

Dry, itchy or irritated skin?
Relief as simple as a shower

SAVE R70
ANY 2 FOR
R110
Sanex Shower Gel
All Variants 500ml

SAVE R80
ANY 2 FOR
R140
Sanex Body Wash/Shower Gel
All Variants 450ml/750ml

24h HYDRATION FEEL

Protex

ACTIVELY NEUTRALISES
ODOUR FOR LASTING
FRESHNESS**

WITH SALICYLIC
ACID TECHNOLOGY

NEW

NEW

Protex
Odour Control
Protects against 99.9% of germs**

SAVE R21
ANY 3 FOR
R39
Protex Bath Soap
All Variants 175g

Protex
Pimple Control
Protects against 99.9% of germs**

Protex
Deep Clean
Protects against 99.9% of germs**

24H
LASTING GERM
PROTECTION*

LUX
Bath Soap
All Variants
150g

SAVE R14
ANY 2 FOR
R26

Lifebuy
Bath Soap
All Variants
175g

SAVE R21
ANY 3 FOR
R39

Renew
Bath Soap
All Variants
175g

SAVE 20%
ANY 3 FOR
R36

NuovaPure
Bath Soap
All Variants
100g

SAVE R30
ANY 2 FOR
R49

Tetmosol
Medicated
Bath Soap 75g

SAVE R20
BUY 2 FOR
R60

Treet-It Tea Tree
Oil Glycerine Soap

SAVE R25
69⁹⁹
each 250g per pack

Dove
Bath Soap
All Variants

SAVE R25
64⁹⁹
each 250g per pack

Dove
Bath Soap
All Variants

SAVE R20
89⁹⁹
each 250g per pack

**ONLY AVAILABLE AT
CHECKERS HYPER**

Nonova Soak it Up
Range All Variants

**BUY 3
& GET THE
CHEAPEST
FREE**

NIVEA

SAVE R60
ANY 2 FOR
R120

Nivea Shower
Gel/Cream
All Variants
500ml

NIVEA MEN
DEEP
CLEAN

NIVEA
Creme
Soft

WITH
**ACTIVE
CHARCOAL**

skin protecting formula
**VITAMINS &
OILS**

Dettol Protection for you and your loved ones

SAVE R14
ANY 2 FOR
R30

Dettol
Bath Soap
All Variants
175g

SAVE R60
ANY 2 FOR
R99

Dettol
Shower Gel
All Variants
500ml

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Lather Up For Less



SAVE R30
ANY 2 FOR
R80

Matey
Bubble Bath
All Variants 500ml



BUY ANY 2 &
SAVE
20%

Fozzi's
Bath
Products



SAVE R10
ANY 2 FOR
R40

Reitzer's Aqueous Cream/Pure
Bath Soap All Variants 100g/150g



SAVE R20
74⁹⁹

Reitzer's Aqueous Cream
Glycerine Soap Value Pack



SAVE R30
119⁹⁹

Reitzer's Pure Soap
Super Value Pack



SAVE R50
129⁹⁹

Reitzer's
Soluble Bath Oil



SAVE R12
49⁹⁹

Shower to Shower Shower
Gel/Body Wash All Variants



SAVE R15
74⁹⁹

Radox Body Wash
All Variants



SAVE R40
ANY 2 FOR
R99

Radox Body Wash
All Variants 400ml



SAVE R18
54⁹⁹

Lux Body Wash
All Variants



SAVE R20
79⁹⁹

Lux Body Wash
All Variants



SAVE R15
74⁹⁹

Dove Shower Gel
All Variants



SAVE R40
149⁹⁹

Dove Body Wash
Pump All Variants



SAVE R40
ANY 2 FOR
R99

Protex/Palmolive Shower
Gel All Variants 500ml



SAVE
15%

Renew Body Wash
All Variants 400ml Each



SAVE
15%

Renew Body Wash
All Variants 750ml Each



SAVE R10
59⁹⁹

Essentials Face Cloth Set
30x30cm 3-Pack All Variants

New Esséns Gold

Luxury Aqueous Cream and Glycerine Soap

Nourish. Glow. Indulge

Enriched with Silk & Aurum Serum for
indulgent nourishment & radiant skin.

SAVE R10
29⁹⁹

Reitzer's
Pure Esséns
Gold Luxury
Glycerine Soap



SELECTED
STORES

Satiskin



SAVE R20
ANY 2 FOR
R89

Satiskin
Hand Wash
All Variants 475ml



SAVE R35
ANY 2 FOR
R95

Satiskin
Body Wash
All Variants 500ml



SAVE R20
79⁹⁹

Satiskin
Body Wash
All Variants



SAVE R20
79⁹⁹

Satiskin
Bubble Bath
All Variants

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Page 8



EXCLUDING
TRIPLE ACTION

SAVE R22
ANY 2 FOR
R44

Colgate Maximum Cavity Protection/
Gel/Herbal Toothpaste 100ml



SAVE R12
32⁹⁹
2x100ml per pack

Colgate Triple Action
Toothpaste Value Pack



SAVE 25%

Colgate
Toothbrush
1-4 per pack



SAVE R55
ANY 2 FOR
R145

Colgate Sensitive/Optic
Toothpaste All Variants 50ml/75ml



SAVE R20
59⁹⁹
500ml each

Colgate Plax Ice Cool/
Soft Mint Mouthwash



SAVE R30
69⁹⁹
500ml each

Colgate Plax Charcoal/
Gum Health/Optic Mouthwash



SAVE R20
89⁹⁹
750ml each

Colgate Plax Icy Cool/
Soft Mint Mouthwash

Colgate® Helps stop problems
before they start

SAVE R25
39⁹⁹
75ml each

Colgate
Pro/Total
Toothpaste
All Variants

ANTIGERM®
12
HOUR



HELLO PURPLE
INSTANTLY CORRECTS
YELLOW TONES*



SAVE R15
39⁹⁹
75ml/
100ml each
Colgate
Max Toothpaste
All Variants



LISTERINE® **5X MORE** Cleaning Power
When Added To Brushing*

**BUY ANY 2 &
SAVE 20%**

Listerine
Mouthwash
Selected
Variants 500ml



**BUY ANY 2 &
SAVE 20%**

Listerine
Mouthwash
Selected
Variants 500ml

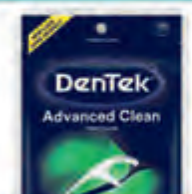


SAVE R50
R99

Listerine
Cool Mint
Zero Alcohol
Mouthwash 1L



Deep cleans where brushing misses



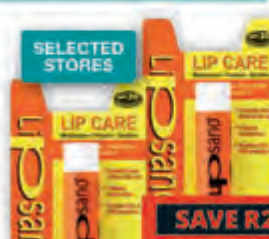
SAVE 20%

Dentek Triple Clean Floss
Picks 75/90 per pack



SAVE R25
74⁹⁹
50ml each

Pearl Drops Tooth
Polish All Variants



SAVE R25
84⁹⁹
5g each

Lipsano
Lip Care



SAVE 10%

Carmex Lip Balm
All Variants 4.25g-10g Each



SAVE R25
119⁹⁹
200ml

Andolex-C Anti-
Bacterial Mouthwash



SAVE UP TO R30
149⁹⁹
500ml each

Corsodyl Mint Alcohol-Free
Anti-Bacterial Mouthwash



SAVE R50
BUY 3 FOR
R99

Reitler's Beeswax
Lip Balm 3x5ml per pack



SAVE 20%

Labello Lip/Lip & Cheek
Balm All Variants 4.8g Each

LIP ICE



SAVE 25%
19⁹⁹
4.5g each

Lip Ice
Lip Balm
All Variants

SAVE R20
ANY 2 FOR
R50

Lip Ice Senses
Moisturise/
Men Active
Lip Balm 4.5g



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NOURISHES THE SCALP TO STRENGTHEN HAIR WITH GINSENG AND ALMOND OIL

UP TO
150
WASHES

SAVE R25
84⁹⁹
1L each

Organics
Shampoo/
Conditioner
All Variants

Hair Care Must-Haves



SAVE 18%
32⁹⁹
350ml each

Palmolive Shampoo/
Conditioner All Variants



SAVE R30
99⁹⁹
24500ml per pack

Protein Feed Shampoo
& Conditioner All Variants



SAVE R20
89⁹⁹
150ml/200ml each

Provoke Shampoo/
Conditioner All Variants



SAVE R60
149⁹⁹
354ml each

Monday Shampoo/
Conditioner All Variants



SAVE R60
ANY 2 FOR
R160

Two Oceans Argan Oil Shampoo/
Conditioner All Variants 1L



SAVE R80
ANY 2 FOR
R160

Schwarzkopf Gliss Shampoo/
Conditioner All Variants 250ml-400ml



SAVE R70
ANY 2 FOR
R150

Garnier Ultimate Blends Shampoo/
Conditioner All Variants 360ml/400ml



SAVE
20%

Garnier Ultimate Blends Hair Food/Mask/
Shampoo/Conditioner 350ml/400ml

TRESemmé
USED BY PROFESSIONALS

PROFESSIONAL QUALITY
PRODUCTS FOR ALL HAIR TYPES



SAVE R30
119⁹⁹
750ml/900ml each

Tresemmé
Shampoo/
Conditioner
All Variants

head & shoulders

1
CLEANSE
& SOOTHE

SAVE R25
94⁹⁹
1450ml/400ml each

Head &
Shoulders
Shampoo/
Conditioner
All Variants



2
NOURISH
& DETANGLE

WITH
CERAMIDE
COMPLEX

NEW

INSTANTLY
SOOTHES
ITCHY* SCALP



3
SOOTHE
& PROTECT

*ITCH RELATED TO DANDRUFF



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SAVE R13
59⁹⁹
each

Revlon Shampoo/
Conditioner All Variants



SAVE R20
ANY 2 FOR
R60

Glyco-Lemon Shampoo/
Conditioner All Variants 400ml



SAVE R10
ANY 2 FOR
R130

Vatika Shampoo/Conditioner
All Variants 400ml



SAVE R30
79⁹⁹
each

Gill Anti-Dandruff
Shampoo All Variants



SAVE FROM R10
99⁹⁹
each

Selsun Dandruff Shampoo/
Conditioner All Variants



SAVE
20%

Vigro/Contralose
Hair Products

NEW

PANTENE

**REPAIRS
LONG HAIR
TILL THE LAST
CENTIMETRE**



**HIGHEST CONCENTRATION
OF PRO-V NUTRIENTS***
**PROTECTS & STRENGTHENS
HAIR BOND AT A
MOLECULAR LEVEL
FOR ALL HAIR TYPES**



SAVE R70
ANY 2 FOR
R150

Pantene
Shampoo/
Conditioner
All Variants
145ml-400ml

*vs. Pantene Repair & Protect Shampoo

HYALURON PURE ROUTINE

**PURIFYING
SHAMPOO**

**REHYDRATING
CONDITIONER**



SAVE R72
ANY 2 FOR
R168

L'Oréal Elvive
Shampoo/Conditioner
All Variants 300ml/400ml

**SHINE BOOSTING & SEALING
HAIR ROUTINE**

- ✓ SILKY HAIR
- ✓ 48H HYDRATION
- ✓ RESTORES FIBRE
HEALTH



**SA's
No.1
HAIR CARE
BRAND***

**REGIMEN FOR
LONG-LASTING NUTRITION**

STEP 1 CLEAN & NOURISH

**STEP 2 DETANGLE &
LOCK IN NUTRITION**

**STEP 3
INTENSE
NOURISHMENT**



*L'Oréal South Africa calculation based in part on data reported by NielsenIQ through its Trade Desk Service which consists of these stores: Shoprite Group, Pick n Pay Group, Spar Group, Clicks, Dischem and Game, for the Shampoo and Conditioner Category, for YTD period ending 21/07/2025 for South African market, such as Shoprite Group, Pick n Pay Group, Spar Group, Clicks, Dischem and Game. (Copyright © 2022, NielsenIQ.)

**N°1 WORLDWIDE
HYDRATION ROUTINE**

SHAMPOO

**FILLS HAIR
WITH
LASTING
HYDRATION**

CONDITIONER

**LOCKS IN
MOISTURE
FOR 72H**



SAVE
20%

L'Oréal Elvive
Hair Serum/
Masque/Treatment
100ml-300ml Each

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SAVE R30
79⁹⁹
each

Revlon Colorsilk Hair Colour All Variants



SAVE R20
ANY 2 FOR
R80

Inecto Pop Hair Colour All Variants



SAVE R26
ANY 2 FOR
R120

Renew Hair Colour All Variants 50ml



SAVE R35
129⁹⁹
each

Garnier Nutrisse Crème Hair Colour All Variants

REVLON
LIVE BOLDLY

REVLON COLORSTAY LONGWEAR CREAM COLOUR

UP TO
8
WEEKS
OF COLOUR

COLOUR VIBRANCY.
BOOSTER MASK.
100% GREY
COVERAGE.

SAVE R30
119⁹⁹
each

Revlon Colorstay Hair Colour All Variants

KEEP IT
GOING.
DON'T STOP.
LIVE BOLDLY.

PERFECT TOUCH



SAVE R20
89⁹⁹
each

Perfect Touch Style Gel All Variants



SAVE R20
89⁹⁹
each

Perfect Touch Mousse All Variants



SAVE R20
89⁹⁹
each

Perfect Touch Hairspray All Variants



SAVE R40
79⁹⁹
each

Gatsby Styling Wax All Variants



SAVE R10
79⁹⁹
each

Revlon Flex Styling Gel All Variants



SAVE
15%

Kair Hair Products



SAVE R35
89⁹⁹
each

Batiste Dry Shampoo All Variants



SAVE R15
79⁹⁹
each

Revlon Flex Mousse All Variants



SAVE
20%

Got2b Hair Styling Products

MARC ANTHONY. TRUE PROFESSIONAL



Curls for Days!

We LOVE curl play! Strictly Curls is an extensive collection of products for all curl types.

SELECTED
STORES

SAVE R60
169⁹⁹
each

Marc Anthony Shampoo/Conditioner All Variants

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SHEA BUTTER

**SAVE
20%**

Cantu
Hair Care
Products

SELECTED
STORES

NO

SELECTED
STORES

nativechild®

**SAVE
20%**

Nativechild
Hair Care
Products

softfree[®]
The HairXpert

SAVE UP TO R15
FROM
44⁹⁹
month

Softn' Free Hair Care Products

SAVE R40*
89⁹⁹
/ month

**Amla Oil Shampoo/
Conditioner All Variants**

The image shows two hair care products from the OLIVE OIL line. On the left is a white spray bottle with a green label that reads 'OLIVE OIL HAIR WRAP-IT MOUSSE'. On the right is a large white jar with a green lid and a green label that reads 'OLIVE OIL HAIR FOOD'. Both labels feature the brand name 'OLIVE OIL' in large, bold letters and a small image of a woman's face.

ORS Hair Care products are displayed, including Olive Oil, Black Castor, and Nourishing Sheen Spray. A large red banner with white text reads "SAVE 20%". Below the banner, the text "ORS Hair Care" is visible.

**SAVE
20%**

ORS Hair Care Products

the
perfect
hair

SELECTED
STORES

**SAVE
20%**

The Perfect Hair
Hair Care
Products

Embrace what is Natural

**Dark
and
Lovely**

PROFESSIONAL EXPERTISE

SAVE FROM R10
FROM
39⁹⁹
each

Dark and Lovely Hair Care Products

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CREME OF NATURE

INSTANTLY HYDRATES
AND MOISTURISES
TEXTURED HAIR



SAVE FROM R20
FROM 79⁹⁹

Creme of Nature
Hair Care Products

SELECTED
STORES

Aunt Jackie's™
CURLS & COILS

GET YOUR
curl ON

SELECTED
STORES



ICE CURLS
Creamy Curling
Jelly



CURL LA LA
Defining Curl
Cream



TRANSFORM!
Hydrating Leave-In
Conditioner



DON'T SHRINK
Flexable Grooming
Curling Gel



IN CONTROL
Moisturizing &
Softening Conditioner

SAVE
20%

Aunt Jackie's
Hair Care Products



BABY CURLS
Twirling & Twisting
Cream



REPAIR MY HAIR
Argan Natural
Growth Oil



OH SO CLEAN!
Moisturizing &
Soothing Shampoo



FRIZZ PATROL
Anti-Poof
Setting Mousse



KNOT ON MY WATCH
Moisture Detangling
Therapy



QUENCH!
Moisture Intensive
Leave-In Conditioner



@auntjacksiescurlsandcoils

auntjacksiescurlsandcoils.com



BUY 3
& GET THE
CHEAPEST
FREE

Pretty Woman Hairbrush
Deluxe Range All Variants



SAVE R30
249⁹⁹

Wahl Home Pro
Basic Haircutting
Kit - 15-Piece



SAVE R50
449⁹⁹

Wahl Professional
AC Hair Dryer 2000W



SAVE R50
449⁹⁹

Wahl Professional
Ceramic Hair Straightener

MPL®

For the life of my hair



SAVE FROM 14%
FROM 42⁹⁹

MPL
Hair Care
Products



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Loving My Roots.

SAVE 20%

Black Chic
Hair Care
Products



ISOPLUS®

Bring Back the **Fabulous!**

**SAVE
20%**

Isoplus
Hair Care
Products



FOR CIRCULATION USE

SAVE UP TO R10

32⁹⁹

Just For Kids
Relaxer/Oil
Moisturiser All Variants



Luxurious Hair

For the Woman Who's Busy with Life

**SAVE
15%**

**Calvill Hair
Care Products**



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CHOOSE PROTECTION
THAT UNDERSTANDS YOU
BECAUSE IT'S NEVER
'JUST A PERIOD'.



SAVE R35
ANY 2 FOR
R85

Libresse
Ultra Sanitary
Duo Pack All Variants
16/20 per pack

UP TO
100%

**DRY
FEELING**

Provides up to
100% dry feel during the day!



SAVE R25
ANY 2 FOR
R75

Libresse Maxi
Sanitary Pads
Duo Pack All Variants
16-20 per pack

MAX
COURT

**BODY ADAPTIVE
TECHNOLOGY**

Courv body adaptive
technology made to fit snugly
to different body shapes



SAVE R25
ANY 2 FOR
R60

Libresse
Pantyliners
All Variants
40 per pack

3x

**ULTRA-ABSORB
ZONES**

3x Ultra-Absorb Zones
encourage fast
blood absorption

*Consumers need to buy 2 packs of 200g Libresse Ultra Sanitary Duo Pack to get the 100% dry feel during the day!

**COTTONY
COMFORT
TOPSHEET**

SAVE R30
ANY 2 FOR
R40

Always
Sanitary Pads
7-10 per pack/
Pantyliners
20 per pack



always

OUR
No. 1 SKIN
HYGIENE
PROTECTION



SAVE FROM R57
**BUY 3
& GET THE
CHEAPEST
FREE**

Always
Sanitary Pads Duo
Pack All Variants
12-20 per pack

CHOOSE
WHAT
WORKS
FOR YOU



SAVE UP TO 30%
FROM
15.99
per pack
Lil-Lets
Products



Deko-Tex® Standard 100 is one of the
world's most trusted labels for
product safety and testing for harmful
substances.



@lil-letsza @lillets_za @lilletsa lil-lets.com



SAVE R20
49.99
per pack

Stayfree Pantyliners
All Variants



SAVE R20
ANY 2 FOR
R60

Stayfree Sanitary Pads
All Variants 16/20 per pack



SAVE
20%

Dove Cotton Buds
100/200 per pack



SAVE FROM 13%
FROM
12.99
each

Renew Cotton
Products

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SAVE 20%
19⁹⁹
15 per pack
Satin Touch
Flushable Intimate
Wipes

SAVE 20%
Femagene
Intimate
Feminine
Products

SAVE FROM R27
**BUY 3
& GET THE
CHEAPEST
FREE**
Gynaguard
Intimate Feminine
Products

SAVE R10
149⁹⁹
10 per pack
Sage Disposable
Adult Pull Ups
All Variants

SAVE R35
FROM
149⁹⁹
14/20 per pack
Clemens
Incontinence
Products

Kotex **NEW**
SOFT
Protection
you can afford

SAVE R12
ANY 2 FOR
R48
Kotex Pantyliners
All Variants
16-20 per pack

SAVE R20
49⁹⁹
16/20 per pack
Kotex Pantyliners
All Variants

SAVE R26
ANY 2 FOR
R60
Kotex Pantyliners
All Variants
40 per pack

SAVE FROM R14
ANY 2 FOR
R44
Kotex/Bio-Care Sanitary Pads/
Pantyliners 7-18 per pack

SAVE FROM R25
ANY 2 FOR
R85
Kotex Sanitary Pads Value Pack
All Variants 14-20 per pack

SAVE R30
ANY 2 FOR
R100
Kotex Tampons
All Variants 32 per pack

Period or not, she can

**TENA's effectiveness means you
USE LESS AND SAVE MORE!**

**South Africa's
Incontinence Brand!**

TENA
lady slim
4000 MINI
3000 MAMIC
x34 LINERS

TENA
lady slim
x10

TENA
lady protect+
UP TO 12 HRS
PROTECTION
MAXI
x3

TENA
lady protect+
UP TO 12 HRS
PROTECTION
MAXI NIGHT
x3

TENA
**ProSkin
Pants**
Normal
Long lasting protection
3x

SAVE FROM R15
FROM
49⁹⁹
14/20 per pack
Tena
Incontinence
Products

essity

¹Del Prato et al. 2022, Nursing Times (on-line, www.nursingtimes.net). Tailoring continence management to individual needs in residential care. Vol 118, issues 4 ²Source: "Euromonitor International Limited; Retail Adult Incontinence, all channels, RSP value sales, Tissue & Hygiene, 2024 ed". Name and business address: Essity South Africa PTY (LTD), Co. Reg. No. 1995/000918/07, Hertford Office Park, Building 1, 90 Bekker Road, Vorna Valley, Midrand, 1685. Tel. No. +27 31 710 8111. Email: orders.za@essity.com, www.essity.com. Further information available on request from Essity, 25_BS030

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NIVEA

SAVE R13
39⁹⁹
150ml each
Nivea Deodorant All Variants

SAVE R22
ANY 2 FOR R48
Nivea Roll-On All Variants 50ml

Feel the **superior care**

Dove

SAVE FROM 15%
FROM 28⁹⁹
each

Dove
• Roll-On 50ml
• Deodorant Stick 40ml
• Deodorant 150ml/250ml
All Variants

SAVE R12
32⁹⁹
90ml each
Lenthéric Hoity Toity Deodorant All Variants

SAVE R12
32⁹⁹
90ml each
Lenthéric I Love/Whisper Deodorant All Variants

SAVE R12
32⁹⁹
90ml each
Exclamation Deodorant All Variants

SAVE R17
39⁹⁹
90ml each
Yardley Deodorant All Variants

SAVE R20
ANY 2 FOR R40
Impulse Deodorant All Variants 90ml

SAVE R10
29⁹⁹
90ml each
Revlon Deodorant All Variants

SAVE 20%
19⁹⁹
50ml each
Revlon Roll-On All Variants

SAVE R20
ANY 2 FOR R50
Sanex Roll-On All Variants 50ml

SAVE 12%
34⁹⁹
100ml each
Shower to Shower Deodorant All Variants

SAVE R10
ANY 2 FOR R36
Shower to Shower Roll-On All Variants 50ml

SAVE R29
ANY 2 FOR R45
Garnier Roll-On All Variants 50ml

SAVE R20
ANY 2 FOR R40
Rexona Shield Roll-On All Variants 50ml

SAVE R10
34⁹⁹
100ml each
Rexona Shield Deodorant All Variants

SAVE R10
ANY 2 FOR R36
Playgirl Roll-On All Variants 50ml

SAVE 18%
32⁹⁹
90ml each
Playgirl Deodorant All Variants

PLAYgirl
Perfumed Body Care

come out and play

SAVE R10
59⁹⁹
150ml each
Playgirl Body & Hair Mist All Variants

THE COLLECTION

SAVE R20
49⁹⁹
100ml each
The Collection Body Mist All Variants

SELECTED STORES

Same scent. Different story.

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.



Intuition
Variety Edition

SAVE 30%

Schick Razor Products



BIC
Soleil Bella

SAVE 20%

Bic Razor Products



SAVE R15

64⁹⁹
125ml each

No Hair Hair Removal Lotion All Variants



SAVE R30

BUY 2 FOR R99

Mandy's Hair Removal Lotion 100ml

Venus

Comfortglide Breeze

Seamless glide, revealing smooth skin

3 Blades

Water activated gel bars for glide, no shave gel needed

With a touch of botanical oils

SAVE 25%

Gillette Razor Shave Products

SELECTED STORES



SAVE R30

ANY 2 FOR R80

Mandy's Wax Strips All Variants 12 per pack



SAVE R50

399⁹⁹ each

Philips Ladies Electric Shaver



SAVE R50

179⁹⁹ per set

Wahl Beard Battery Trimmer + Bonus Nose Trimmer - 13-Piece



SAVE R50

299⁹⁹ per set

Wahl All In One Trimmer Kit - 12-Piece

Affordable • Fine Fragranced • Long-Lasting

it's a vibe

SAVE R30

ANY 3 FOR R90

It's a Vibe Body Spray All Variants 100ml

Classy Glam
OCEAN ESCAPE
Cosmic Dream

LENTHERIC

LONDON • PARIS

SAVE R10

59⁹⁹
100ml each

Lenthéric I Love Body & Hair Mist All Variants

Mitchum®

M

SAVE R13

39⁹⁹
50ml each

Mitchum Roll-On All Variants

SAVE R20

49⁹⁹
150ml each

Mitchum Deodorant All Variants

SAVE R20

69⁹⁹
100ml each

Mitchum Natural Roll-On All Variants

SAVE R20

69⁹⁹
100ml each

Mitchum Roll-On All Variants

SAVE R30

89⁹⁹
60g each

Mitchum Gel Stick All Variants

SAVE R20

119⁹⁹
70g each

Mitchum Deodorant Stick All Variants

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

NOW IN A 1L

EXTRA-XL

SAVE UP TO R60

159⁹⁹
100ml/1r each

Old Spice
Body Wash/
Aftershave
All Variants



FRESHNESS ROUTINE



FREE!

SAVE R95
BUY 2
& GET A 3RD
FREE

Old Spice Body Wash
All Variants 400ml



SAVE R80
ANY 2 FOR
R130

Old Spice Gel Stick
All Variants 50ml/70ml



SAVE R27
ANY 2 FOR
R105

Old Spice Deodorant
All Variants 150ml



SAVE R20
ANY 2 FOR
R40

Rexona Shield Roll-On
All Variants 50ml



SAVE R10
ANY 2 FOR
34⁹⁹
150ml each

Rexona Shield
Deodorant All Variants



SAVE R15
ANY 2 FOR
R45

Brut Roll-On
All Variants 50ml



SAVE R10
ANY 2 FOR
36⁹⁹
120ml each

Brut Deodorant
All Variants



SAVE R10
ANY 2 FOR
34⁹⁹
150ml each

Status Deodorant
All Variants



SAVE R14
ANY 2 FOR
R42

Status Roll-On
All Variants 50ml



SAVE R10
ANY 2 FOR
R36

Shower to Shower
Roll-On All Variants 50ml



SAVE 12%
ANY 2 FOR
34⁹⁹
150ml each

Shower to Shower
Deodorant All Variants

NIVEA



SAVE R22
ANY 2 FOR
R48

Nivea
Roll-On
All Variants
50ml



SAVE R13
ANY 2 FOR
39⁹⁹
150ml each

Nivea
Deodorant
All Variants



SAVE
20%

Nivea Men
Face Care/Shaving
Products



SAVE R11
ANY 2 FOR
32⁹⁹
150ml each

Axe
Deodorant
All Variants

THE AXE EFFECT

ZINC
WITH
ZAP
TECH



SAVE 15%
ANY 2 FOR
22⁹⁹
50ml each

Axe
Roll-On
All Variants



SAVE R20
ANY 2 FOR
R99

Axe 3in1 Body Wash
All Variants 400ml



SAVE R15
ANY 2 FOR
44⁹⁹
150ml each

Axe
Body Spray
All Variants

NEW AXE
FINE FRAGRANCE COLLECTION

SMELL FINER
THAN THE FINEST
FRAGRANCES

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Mitchum®



SAVE R13
39⁹⁹
50ml each

Mitchum
Roll-On
All Variants



SAVE R20
49⁹⁹
150ml each

Mitchum
Deodorant
All Variants



SAVE R20
69⁹⁹
100ml each

Mitchum
Roll-On
All Variants



SAVE R20
69⁹⁹
100ml each

Mitchum
Cedarwood
Roll-On



SAVE R30
89⁹⁹
50g each

Mitchum
Gel Stick
All Variants



SAVE R20
119⁹⁹
75g each

Mitchum
Deodorant Stick
All Variants



SAVE R30
BUY 2 FOR R99

DX Smooth
Hair Removal
Lotion 100ml



SAVE 30%

Schick Razor
Products



SAVE 20%

Bic Razor
Products



SAVE 25%

Gillette
Razor Selected
Products



SAVE R10
69⁹⁹
per set

Wahl Nose & Ear 2-in-1
Trimmer Kit - 3-Piece



SAVE R60
129⁹⁹
each

Men's Bottom Zip
Toiletry Bag with Handle



SAVE 17%
32⁹⁹
150ml each

Playboy
Deodorant
All Variants



SAVE R10
ANY 2 FOR R36

Playboy Roll-On
All Variants
50ml



SAVE R29
ANY 2 FOR R45

Garnier Roll-On
All Variants 50ml



SAVE R11
29⁹⁹
120ml each

Revlon
Deodorant
All Variants



SAVE R12
32⁹⁹
120ml / 150ml each

Lenthéric
Deodorant
All Variants



SAVE R17
39⁹⁹
120ml each

Yardley English
Blazer Deodorant
All Variants



SAVE R50
ANY 2 FOR R130

Dove Body Wash
All Variants 400ml



SAVE R18
64⁹⁹
250ml each

Dove
Deodorant
All Variants



SAVE 19%
28⁹⁹
50ml each

Dove
Roll-On
All Variants



SAVE R20
59⁹⁹
40g each

Dove
Deodorant Stick
All Variants

Switch to
superior care



SAVE 16%
41⁹⁹
150ml each

Dove
Deodorant
All Variants

Care changes everything

Dove MEN+care

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Affordable Healthcare Made Easy

Health



SAVE R10
32⁹⁹
4 per pack

Brooklax
Laxative Tablets



SAVE R11
ANY 2 FOR R35

Mist Alba Kiddle Milkshake/
Chocolate Flavour Antacid 100ml



SAVE R35
59⁹⁹
110g pack

Medirite Alkaline
Powders All Variants



SAVE R15
59⁹⁹
20 per pack

Black Forest Herbal Laxative
Tea All Variants



SAVE UP TO R40
FROM 89⁹⁹
each

Gaviscon Antacid Liquid Aniseed/
Peppermint 150ml/Double Action Tablets 24
per pack/Antacid Sachet 12x10ml per pack



SAVE R35
99⁹⁹
120g sachet

Citro-Soda Original/Cranberry
Antacid Granular Effervescent



SAVE R75
289⁹⁹
50ml sachet

Iberogast Classic
Oral Liquid Supplement



SAVE 20%

Dulcolax Laxative Coated Tablets/
Suppositories 10 per pack



SAVE 25%

Rennie Antacid Chewable
Tablets 24/48/97 per pack



SAVE 25%

Medirite L-Reuteri Probiotic
Chewable Tablets 10 per pack/
Paediatric/9 Strain Drops 5ml



FREE DEAL

BUY Berocca Complete
Supplement Tablets 30 per pack
& GET Another One FREE!



SAVE R25
59⁹⁹
20 per pack

Tibb Flu-Relief
Supplement Capsules



SAVE R20
94⁹⁹
20 per pack

Efferflu C Orange Immune
Booster Effervescent Tablets



SAVE R20
49⁹⁹
24 per pack

Medirite Zeptaloz Orange/
Honey Lemon Lozenges



SAVE 20%

Benylin Cough Syrup 100ml/Lozenges
20 per pack / **Rehidrat Hydration Powder**
6 per pack / **Sinutab Saline Nasal Spray 15ml**



BUY 3 & GET THE CHEAPEST FREE

Buy Any Vicks
Products & GET
The Cheapest
One FREE
(Excluding 10g!)



OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Affordable Healthcare Made Easy

Health



SAVE 20%

Zam-Buk
Ointment 7g/16/60g



**BUY 3
& GET THE
CHEAPEST
FREE**

Slow-Mag Products
All Variants



SAVE 20%

Essentiale Extreme Liver
Care Supplement Capsules



SAVE R20
59⁹⁹
50g
per pack

Medirite
Aloe Vera Gel



SAVE 25%
139⁹⁹
30 per pack

Nativa Osteoeze Acute
Injury Relief Tablets



SAVE R60
149⁹⁹
30 per pack

Mni Neurovance Brain
Supplement Capsules



SAVE 30%

Sela Teabags All Variants
20 per pack



**BUY ANY 2 &
SAVE 30%**

Medirite Medicinal
Drops All Variants 20ml



SAVE R15
29⁹⁹
24 per pack

Calpol Pain & Fever
Paracetamol Tablets



SAVE R10
39⁹⁹
24 per pack

Disprin Regular 24 per pack/Extra Strength
Pain Relief Tablets 16 per pack
(Excluding Extra Strength 24 per pack)



SAVE R25
179⁹⁹
30 per pack

CrampEase Supplement
Capsules/Nite Capsules



SAVE R35
99⁹⁹
30ml
per pack

Silverlab Colloidal Silver
Silverrepair Nasal Spray



SAVE R25
114⁹⁹
30 per pack

Sinulex Forte
Capsules



SAVE R40
139⁹⁹
10 per pack

Deep Heat Period
Pain Patch



SAVE R20
89⁹⁹
per pack

Grand-Pa
Headache
Powders
38 per pack/
Tablets 76
per pack

OFFERS VALID FROM MONDAY 21 SEPTEMBER 2026 UNTIL SUNDAY 4 OCTOBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

Every Memory Everysun

Make memories in the sun.

**SAVE
30%**

Everysun
Sun Protection
Products



Range for the whole family.



Everysun

**TECHNI
BLOCK**

**SAVE
30%**

Techni Block
Sun Protection
Products



**NIVEA
SUN**

**SAVE
30%**

Nivea
Sun Protection
Products



**island
Tribe**

SUN PROTECTION

LET THE SUN

LOVE YOUR SKIN

**SAVE
30%**

Island Tribe
Sun Protection
Products



Checkers

better and better

also at
**Checkers
Hyper**



Download the app

OFFERS VALID FROM MONDAY 21/09/2026 UNTIL SUNDAY 04/10/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

CELEBRATE NATIONAL BRANDY DAY

28 SEPTEMBER 2026



TROPHY



DOUBLE
GOLD

PAARL



FRANSCHHOEK

KLEIN KAROO

SAVE R150

749⁹⁹
750ml

Boschendal
10-Year-Old Cape
Potstill Brandy

SAVE R50

749⁹⁹
750ml

Ladismith
8-Year-Old Cape
Potstill Brandy

SAVE R300

1699⁹⁹
750ml

KVV
XXO 20-Year-Old
Potstill Brandy

STELLENBOSCH

ELGIN

UP TO
**20%
OFF**



SAVE R80

549⁹⁹

Van Ryn's
12-Year-Old Single
Potstill Brandy

OUDE MOLEN

VS
CAPE BRANDY
EST. 1910
SOLERA GRAND RESERVE

SAVE R50

399⁹⁹
750ml

Oude Molen
VS Cape Potstill
Brandy

AVAILABLE AT SELECTED STORES

HOUSE of FINE CAPE POTSTILL BRANDY
Est. 1962

Checkers LiquorShop



Download the app

Not for Persons Under the Age of 18. Drink Responsibly. **#NO18** www.aware.org.za

SELECTED STORES

Stellenbosch craftsmanship since 1845, copper-pot distilled and matured with care. Led by master distiller Marlene Bester since 2009, Van Ryn's potstill brandies have won multiple World's Best Wine Brandy titles.

SAVE R50

379⁹⁹

750ml

Van Ryn's
10-Year-Old Single
Potstill Brandy

SAVE R80

549⁹⁹

750ml

Van Ryn's
12-Year-Old Single
Potstill Brandy

SAVE R100

899⁹⁹

750ml

Van Ryn's
15-Year-Old Single
Potstill Brandy

SAVE R200

1599⁹⁹

750ml

Van Ryn's
20-Year-Old Single
Potstill Brandy

SELECTED STORES

Distilled in the Elgin Valley since 2003, where cool-climate terroir meets tradition. Three copper stills - Long Cecil, Long Tom and Big Bertha, produce a pure, fruity eau de vie, the heart of an estate-grown, French oak-matured Cape brandy.

SELECTED STORES

Handcrafted in Calitzdorp, where Klein Karoo heritage runs deep. Traditional distilling meets rugged terroir for a smooth, full-bodied Cape brandy, with each expression uniquely its own.

SAVE R50

399⁹⁹

750ml

Oude Molen
VS Cape Potstill
Brandy

SAVE R50

549⁹⁹

750ml

Oude Molen
VSOP Cape Potstill
Brandy

SAVE R50

349⁹⁹

750ml

Joseph Barry
VS Cape Potstill
Brandy

SAVE R50

449⁹⁹

750ml

Joseph Barry
VSOP Cape Potstill
Brandy

SELECTED STORES

Paarl's brandy tradition since day one. Cape grapes, double potstill distillation and French oak maturation. A household name for value and sophistication, the KVV House of Brandy is home to the most awarded potstill brands in the world.

SAVE R30

189⁹⁹

750ml

KVV
3-Year-Old Brandy

SAVE R50

199⁹⁹

750ml

KVV
5-Year-Old Brandy

SAVE R80

319⁹⁹

750ml

KVV
VS Potstill Brandy

SAVE R80

379⁹⁹

750ml

KVV
10-Year-Old Potstill
Brandy

SAVE R70

479⁹⁹

750ml

KVV
12-Year-Old Potstill
Brandy

SAVE R150

849⁹⁹

750ml

KVV
15-Year-Old
Potstill Brandy

SAVE R300

1699⁹⁹

750ml

KVV XXO
20-Year-Old Potstill
Brandy

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Page 2

CELEBRATE WITH A PREMIUM BRANDY SELECTION

SELECTED STORES



SAVE R40
179⁹⁹
750ml
Klipdrift Export Brandy



SAVE R20
379⁹⁹
750ml
Avante VS Cape Potstill Brandy

EXCLUSIVE



SAVE R50
449⁹⁹
750ml
Invictus VSOP Cape Potstill Brandy



SAVE R20
479⁹⁹
750ml
Boplaas 8-Year-Old Cape Potstill Brandy



SAVE R50
479⁹⁹
750ml
Wildebeest Kamoefleer Cape Potstill Brandy



SAVE R100
649⁹⁹
750ml
Sydney Back 10-Year-Old Cape Potstill Brandy



SAVE R200
1299⁹⁹
750ml
Tokara XO Cape Potstill Brandy



SAVE R200
1499⁹⁹
750ml
Rust en Vrede 12-Year-Old Cape Potstill Brandy

HOUSE of FINE WHISKY



SAVE R20
179⁹⁹
750ml
High Commissioner Blended Scotch Whisky



SAVE R45
179⁹⁹
750ml
Three Ships Select Whisky



SAVE R70
209⁹⁹
750ml
Ballantine's Finest Blended Scotch Whisky



SAVE R60
FREE DEAL
249⁹⁹
750ml
Johnnie Walker Red Label Blended Scotch Whisky + Schweppes Soft Drink All Variants 1/ each



SAVE R60
299⁹⁹
750ml
Jack Daniel's Old No. 7 Tennessee Whiskey/Tennessee Apple/Honey Liqueur each



SAVE R60
499⁹⁹
750ml
Tamanavulin Speyside Single Malt Scotch Whisky Double/Sherry Cask each



SAVE R80
649⁹⁹
750ml
Jura 10-Year-Old Single Malt Scotch Whisky

SPIRITS WORTH SAVOURING



SAVE R30
159⁹⁹
750ml
Stretton's Original London Dry/Triple Berry/Wild Berries/Ruby Orange Gin each



SAVE R50
279⁹⁹
750ml
Tanqueray London Dry/Flor de Sevilla/Blackcurrant Royale Distilled Gin each



SAVE R25
184⁹⁹
750ml
Captain Morgan Black Jamaica Rum



SAVE R20
159⁹⁹
750ml
Smirnoff 1818/ Infusions Vodka All Variants each



SAVE R80
FREE DEAL
239⁹⁹
750ml
Skyy Original/ Infusions Vodka All Variants 750ml each + Schweppes Soft Drink All Variants 1/ each



SAVE R40
149⁹⁹
750ml
Amarula Original/ Ethiopian Coffee/ Raspberry Chocolate & African Baobab Cream Liqueur each



SAVE R50
279⁹⁹
750ml
Aperol Spirit Cooler



SAVE R100
499⁹⁹
750ml
Casamigos Blanco Tequila



SAVE R100
649⁹⁹
750ml
Casamigos Reposado Tequila



SAVE R120
579⁹⁹
750ml
Rémy Martin V.S. Cognac



SAVE R180
869⁹⁹
750ml
Rémy Martin V.S.O.P. Cognac

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THE BEST DEALS ON ICE-COLD BEERS

SAVE R35
2 FOR
R155

Amstel
Lager Beer NRB
6x330ml

SAVE R55
ANY 2 FOR
R165

Castle
Lite/Lite Draught
Lager Beer Cans
6x500ml

SAVE R60
ANY 2 FOR
R170

Rekorderlig
Peach-Raspberry
Premium Swedish
Perry NRB/All
Variants Cans
4x330ml

SAVE R40
ANY 2 FOR
R180

Heineken
Original/Silver/
Non-Alcoholic
Pure Malt Beer
NRB 6x330ml

SAVE R40
ANY 2 FOR
R200

Corona
Extra/Cero Beer
NRB 6x355ml

SAVE R80
3 FOR
R220

Carling
Black Label Beer
NRB 6x330ml

SAVE R70
2 FOR
R230

Andiamo
Orange Aperitivo
Spritz Cans
4x250ml

SAVE R80
3 FOR
R220

Flying Fish
Pressed Lemon
Premium
Flavoured Beer
NRB 6x330ml

SAVE R40
2 FOR
R230

Bernini Mimosa
Sparkling
Spritzer Cans
6x500ml

SAVE R65
ANY 2 FOR
R285

Savanna Premium
Dry/Angrly Lemon
Cider NRB 6x500ml

THE BEST WINE DEALS FOR ANY OCCASION

SAVE R20
109⁹⁹
750ml

Boschendal
1685 Collection
· Sauvignon
· Chenin Blanc White
Wine each

SAVE R20
89⁹⁹
750ml

Diemersdal
Sauvignon Blanc
White Wine

SAVE R40
99⁹⁹
750ml

Roodeberg
Classic Blend Red
Wine

SAVE R30
109⁹⁹
750ml

Alto Rouge Red
Wine

SAVE R40
224⁹⁹
750ml

Rupert &
Rothschild
Classique Red Wine

SAVE R100
559⁹⁹
750ml

Meerlust
Rubicon Red Wine

SAVE R40
179⁹⁹
750ml

Simonsig
Kaapse Vonkel
· Brut · Brut Rosé
· Satin Nectar · Satin
Nectar Rosé Cap
Classique each

SAVE R40
219⁹⁹
750ml

Steenberg
· Chardonnay Brut
· Pinot Noir Cap
Classique each

SAVE R10
49⁹⁹
750ml each

iCANDY · Jammy
Red · Lucious White
· Lollipop Rosé Wine

SAVE R15
74⁹⁹
750ml each

Leopard's Leap
Wine All Variants

BUY ANY 2 &
SAVE R30

Spier Signature
Collection Wine
All Variants 750ml

SAVE R20
149⁹⁹
750ml

Kwv Classic
Sauvignon Blanc
White Wine

SAVE R20
179⁹⁹
750ml

Kwv
Classic Cabernet
Sauvignon Shiraz
Red Wine

SAVE R30
169⁹⁹
750ml

Just Wine
Dry · Red · White
Wine each

Checkers LiquorShop



Download the app

OFFERS VALID FROM WEDNESDAY 23/09/2026 UNTIL WEDNESDAY 07/10/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER LIQUORSHOPS WESTERN CAPE, GAUTENG, EASTERN CAPE, KWAZULU-NATAL, NORTHERN CAPE, LIMPOPO & MPUMALANGA. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. ERRORS & OMISSIONS EXCEPTED (E&OE). LIQUOR TRADING HOURS ARE SUBJECT TO GOVERNMENT REGULATIONS. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

Not for Persons Under the Age of 18. Drink Responsibly. #No18 aware.org

Come home to Pick n Pay

Click n Pay
asap!

Penny

Gets it!

AI ASSISTANT
IN YOUR POCKET
AVAILABLE NOW IN-APP

Valid 25 September - 6 October 2026

SMART SHOPPER

PRICE PALOOZA

EARN DOUBLE POINTS
GET CRAZY DEALS
STAND TO WIN R100K DAILY

**YOU COULD
BE THE NEXT
R100K
WINNER!**
Competition valid 7 September
to 6 October 2026. Ts&Cs apply.



no name™ Fresh
Chicken Mixed
Portions 10s

56⁹⁹
per kg



Danone Nutriday Low
Fat Smooth Yoghurt
Assorted 6 x 100g

Regular Price **53⁹⁸**
**BUY ANY 2
R34**
SMART SHOPPER PRICE



Bokomo
Weet-Bix 900g

Regular Price **69⁹⁹**
52⁹⁹
SMART SHOPPER PRICE

**PRICES LOWER
THAN
LAST
YEAR.**

Spekko
Long Grain
Parboiled
Rice 2kg

Last Year's
Price **33⁹⁹**
29⁹⁹
each
SMART SHOPPER PRICE



Simba Potato Chips Assorted 120g

Regular Price **68⁹⁷**
**BUY ANY 3
R46**
SMART SHOPPER PRICE



Coca-Cola Original Taste
Less Sugar 1.5 Litre

Regular Price **43⁹⁸**
**BUY 2 FOR
R32**
SMART SHOPPER PRICE



Regular Price **219⁹⁹**
159⁹⁹
SMART SHOPPER PRICE

Baby Soft 2 Ply Toilet
Tissue 24s (350
Sheets Per Roll)

Regular Price **R999**
R799
SMART SHOPPER PRICE



GOLDAIR 8 Litre Digital
Air Fryer



White Star
Super Maize
Meal 5kg

Last Year's
Price **65⁹⁹**
54⁹⁹
SMART SHOPPER PRICE

Everyday staples
for every family.



**BUY ALL 3
49⁹⁹**
SMART SHOPPER PRICE

B.B. White Sliced Bread 700g, Clover Jug or
Ultra Pasteurised Fresh Milk Assorted 2 Litre
and PnP no name™ Eggs Large 6s,
Ts and Cs apply



GRAB THESE CRAZY DEALS

AS SEEN ON TV



Bulk Lamb Braai Chops

189⁹⁹ per kg



BUY ALL 4 R120

PnP Stir Fry Sauce Assorted 100ml, Stir Fry Noodles 250g, Stir Fry Veg 400-420g and PnP Chicken or Beef Stir Fry 350g



17⁹⁹

SMART SHOPPER PRICE

B.B White Sliced Bread 700g



PnP Ready Made Meals Single & Family Assorted (Excludes Let's Cook & Seamless Serving)

BUY ANY 2 SAVE R20

SMART SHOPPER PRICE

BUTCHERY



99⁹⁹ per kg

Bulk Farmstyle Boerewors



79⁹⁹ per kg

Bulk Pork Rib and Loin Chops



139⁹⁹

PnP Pork Belly Rib Sweet & Sticky 1kg

CHICKEN



49⁹⁹ per kg

no name™ Fresh Whole Chicken in Bag with Giblets



79⁹⁹ per kg

PnP Fresh Skinless Chicken Breast Fillets 4s or 12s



81⁹⁹ per kg

PnP Fresh Chicken Drumsticks 6s or Wings 12s



R45

PnP Chicken Stirfry 400g

PRODUCE



PnP Honey & Mustard Salad Dressing 100g, Roasted Onion & Seed Sprinkle 35g and Caramelised Onion 100g

BUY ANY 2 SAVE R10



BUY ANY 2 SAVE R10

PnP Cherry or Mimu Plum Tomatoes 500g

BAKERY



Sasko Premium Slices Brown Bread 700g

14⁹⁹



17⁹⁹

PnP Hotdog or Hamburger Rolls 6s Each



54⁹⁹

PnP Ring Doughnuts 6s

HOT DELI AND CONVENIENCE



17⁹⁹ per 100g

PnP Chicken Drummettes Assorted



R35

Pick n Pay Dagwood Sandwiches



BUY 2 FOR R35

PnP Crumbed Chicken Burger



PnP Chicken Soup 600g

64⁹⁹



PnP Chilled Desserts Assorted

BUY ANY 2 SAVE R30

SMART SHOPPER PRICE



64⁹⁹

Fair Cape Chocolate Mousse Dessert 1Litre

Come home to **Pick n Pay**

SMART SHOPPER BURGER FRIDAY.



Get these 5 ingredients:

PnP Crumbed Chicken, PnP Beef PnP Mince, PnP Buns, PnP Cheese or PnP Pepper Fatties 4s, PnP Bakery Buns 6s, Lettuce Mix 50g, Slicing Tomatoes 1s, and Creamy Full Cream Processed Cheese Slices 100g

Regular Price **R124**

R100

SMART SHOPPER PRICE

R100 deal is unlimited. While stocks last. T's and C's apply.



CHEESE

 Regular Price 87⁹⁹ 64⁹⁹ SMART SHOPPER PRICE	 Regular Price 52⁹⁹ 42⁹⁹ SMART SHOPPER PRICE	 Regular Price 62⁹⁹ 49⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 98⁹⁹ 79⁹⁹ SMART SHOPPER PRICE
 Regular Price 62⁹⁹ 49⁹⁹ SMART SHOPPER PRICE	 R22 per 100g	 Regular Price 59⁹⁹ 49⁹⁹ SMART SHOPPER PRICE	 Regular Price 54⁹⁹ 44⁹⁹ SMART SHOPPER PRICE
			 EARN 2X POINTS Regular Price 82⁸⁸ 59⁹⁹ SMART SHOPPER PRICE

DELI

 Regular Price 84⁹⁹ 64⁹⁹ SMART SHOPPER PRICE	 Regular Price 129⁹⁹ 114⁹⁹ SMART SHOPPER PRICE	 Regular Price 94⁹⁹ 72⁹⁹ SMART SHOPPER PRICE	 Regular Price 69⁹⁹ 54⁹⁹ SMART SHOPPER PRICE
 54⁹⁹ SMART SHOPPER PRICE	 34⁹⁹ SMART SHOPPER PRICE	 99⁹⁹ per kg SMART SHOPPER PRICE	

CHILLED & DIARY

 EARN 2X POINTS Regular Price 79⁹⁹ 79⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 139⁹⁸ BUY ANY 2 R110 SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 39⁹⁹ 39⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 34⁹⁹ 34⁹⁹ SMART SHOPPER PRICE
 Regular Price 199⁹⁸ BUY ANY 2 R139 SMART SHOPPER PRICE	 Regular Price 79⁹⁹ 74⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 35⁹⁸ BUY ANY 2 R28 SMART SHOPPER PRICE	 Regular Price 79⁹⁸ BUY ANY 2 R65 SMART SHOPPER PRICE
	 Regular Price 105⁹⁸ BUY ANY 2 R80 SMART SHOPPER PRICE	 29⁹⁹ SMART SHOPPER PRICE	 29⁹⁹ SMART SHOPPER PRICE

STAND TO WIN R100K A DAY!

AS SEEN ON TV



Regular Price 179⁹⁹
129⁹⁹
SMART SHOPPER PRICE



Regular Price 45⁹⁹
32⁹⁹
SMART SHOPPER PRICE



Regular Price 59⁹⁹
47⁹⁹
SMART SHOPPER PRICE



37⁹⁹ each
SMART SHOPPER PRICE

Get up to 30%* back in eBucks
Simply pay with your FNB Virtual Card

*Earn up to 30% back on PnP asap! orders and up to 20% back on in-store shopping. Terms, conditions, earn rules and limits apply.
First National Bank A division of FirstRand Bank Limited. An Authorised Financial Services and Credit Provider (NCRCP20).

PnP eBucks Pick n Play

HERE COMES THE SMART SHOPPER



Breco Braai Snoek 1kg

Regular Price **329⁹⁸**
BUY 2 FOR
239⁹⁹
SMART SHOPPER PRICE



199⁹⁹

no name™ Frozen Chicken Braai Pack 5kg



I&J Original Fish Fingers 600g

Regular Price **109⁹⁹**
82⁹⁹
SMART SHOPPER PRICE



Regular Price **245⁹⁸**
BUY ANY 2
R160
SMART SHOPPER PRICE

Magnum Mini Ice Cream Assorted 5s

FISH



74⁹⁹

PnP Fishmonger's Seafood Mix 700g

PnP Fishmonger's Mussels Coated in Garlic 500g

89⁹⁹



122⁹⁹

PnP Fishmonger's Pink Prawn Tail Cut and Deveined 350g



159⁹⁹

PnP Frozen Petite Hake Fillet

FROZEN



EQUATES TO
R56 PER KG

3.5kg

195⁹⁹

no name™ or PnP Frozen Chicken Leg Quarters 3.5kg



45⁹⁹
per kg

no name™ Whole Frozen Chicken



1.5kg

99⁹⁹

no name™ Frozen 4 Thighs & 4 Drumsticks 1.5kg Each



Sea Harvest Crisp & Chunky Fish Fillets Assorted 500g Each

Regular Price **99⁹⁹**
94⁹⁹
SMART SHOPPER PRICE



Regular Price **199⁹⁸**
BUY BOTH
R160
SMART SHOPPER PRICE



Dr. Oetker Nice 'n Easy Ready Made Meals Assorted 320-350g

Regular Price **165⁹⁸**
BUY ANY 2
R120
SMART SHOPPER PRICE



PnP Frozen Chicken Cutlets or Nuggets 400g

Regular Price **119⁹⁸**
BUY 2 FOR
R98
SMART SHOPPER PRICE



Regular Price **193⁹⁸**
BUY BOTH
R160
SMART SHOPPER PRICE



Regular Price **99⁹⁹**
89⁹⁹
each
SMART SHOPPER PRICE



Regular Price **149⁹⁹**
119⁹⁹
SMART SHOPPER PRICE



Dr. Oetker Ital Mini Pizza Assorted 8s Each



Regular Price **114⁹⁹**
99⁹⁹
SMART SHOPPER PRICE



Regular Price **149⁹⁸**
BUY ANY 2
R120
SMART SHOPPER PRICE



Regular Price **65⁹⁸**
BUY ANY 2
R50
SMART SHOPPER PRICE



Regular Price **93⁹⁸**
BUY 2 FOR
R80
SMART SHOPPER PRICE



Spur Straight Cut Frying Chips 1kg



Natures Garden Country or Garden Mix 900g Each



McCain Mixed Vegetables 1kg



Country Fresh Vanilla Flavour Ice Cream Assorted 1.8 Litre Each

EARN DOUBLE POINTS ON SELECTED SMART SHOPPER DEALS. GET CRAZY DEALS.



Canderel
Chocolate Slab
Assorted 100g
Each

Regular Price 74⁹⁹
59⁹⁹
SMART SHOPPER PRICE



Cadbury Dairy Milk Chocolate Slabs
Assorted 80/88g (Excludes Bubbly)

Regular Price 49⁹⁸
BUY ANY 2 R 38
SMART SHOPPER PRICE



Regular Price 47⁹⁷
BUY ANY 3 R 35
SMART SHOPPER PRICE

Nestlé Bar-One,
Smarties, Tex, Aero or
KitKat Assorted 40-52g



Beacon Maynards Gummies, Jellies or Chews Assorted
100g or Allsorts Assorted 150g

Regular Price 54⁰⁴
BUY ANY 2 R 43
SMART SHOPPER PRICE



Amajoya Candy Assorted
125g

Regular Price 55⁹⁸
BUY ANY 2 R 45
SMART SHOPPER PRICE



Regular Price 25⁹⁸
BUY ANY 2 R 20
SMART SHOPPER PRICE

Mentos Candy Roll
Assorted 38g



Mmmore Sweets Assorted 125g

Regular Price 55⁹⁸
BUY ANY 2 R 40
SMART SHOPPER PRICE



Manhattan
Marshmallows Assorted
150g

Regular Price 65⁹⁸
BUY ANY 2 R 35
SMART SHOPPER PRICE



Simba NikNaks Maize
Snack Assorted 135g

Regular Price 31⁹⁸
BUY ANY 2 R 22
SMART SHOPPER PRICE



Willards Cheese Curds
Assorted or Flings
Flavoured Maize Snack
90g

Regular Price 33⁹⁸
BUY ANY 2 R 25
SMART SHOPPER PRICE



Truda Pretzels Assorted 200/240g



Regular Price 79⁹⁸
BUY ANY 2 R 50
SMART SHOPPER PRICE



Albany Tinkies Assorted 6s Per Pack

Regular Price 49⁹⁹
39⁹⁹
SMART SHOPPER PRICE



Bakers Romany Creams or Choc-Kits
Assorted 200g Each

Regular Price 46⁹⁹
36⁹⁹
SMART SHOPPER PRICE



Bakers Eet-Sum-Mor Biscuits Assorted 200g

Regular Price 75⁹⁸
BUY ANY 2 R 60
SMART SHOPPER PRICE



Oreo Cookies Assorted 105/128.8g

Regular Price 39⁹⁸
BUY ANY 2 R 32
SMART SHOPPER PRICE



PnP no name™ Marie Biscuits 150g

Regular Price 27⁹⁸
BUY 2 FOR R 18
SMART SHOPPER PRICE



Bakers Topper Cream Biscuits Assorted 125g

Regular Price 29⁹⁸
BUY ANY 2 R 24
SMART SHOPPER PRICE

GRAB THESE CRAZY DEALS



Regular Price 125⁹⁸
BUY ANY 2 R 89
SMART SHOPPER PRICE

Nestlé KitKat
Miniatures Assorted
107/110g, Bar-One,
KitKat, Smarties or
Tex Mini Bag 135-189g



Regular Price 69⁹⁹
49⁹⁹
SMART SHOPPER PRICE

Pringles Potato
Chips Assorted
165g Each



Bakers Tennis
Biscuits Assorted 200g

Regular Price 59⁹⁸
BUY ANY 2 R 46
SMART SHOPPER PRICE



Bakers Salticrax
Salted Crackers
Assorted 400g Each

Regular Price 62⁹⁹
54⁹⁹
SMART SHOPPER PRICE

YOU COULD WIN R100K WHEN YOU PURCHASE ANY OF THE PRODUCTS ADVERTISED IN THIS CATALOGUE.

SPIRITS

 Regular Price 264⁹⁹ 219⁹⁹ SMART SHOPPER PRICE	 Regular Price 229⁹⁹ 179⁹⁹ SMART SHOPPER PRICE	 Regular Price 174⁹⁹ 149⁹⁹ SMART SHOPPER PRICE	 Regular Price 169⁹⁹ 154⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 239⁹⁹ 184⁹⁹ SMART SHOPPER PRICE	 Regular Price 369⁹⁹ 319⁹⁹ SMART SHOPPER PRICE
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WINE

 Regular Price 89⁹⁹ 69⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 94⁹⁹ 79⁹⁹ SMART SHOPPER PRICE	 Regular Price 109⁹⁹ 99⁹⁹ SMART SHOPPER PRICE	 Regular Price 129⁹⁹ 109⁹⁹ SMART SHOPPER PRICE	 3L Regular Price 184⁹⁹ 149⁹⁹ SMART SHOPPER PRICE
 EARN 2X POINTS Regular Price 99⁹⁹ 79⁹⁹ SMART SHOPPER PRICE	 Regular Price 134⁹⁹ 109⁹⁹ SMART SHOPPER PRICE	 Regular Price 154⁹⁹ 129⁹⁹ SMART SHOPPER PRICE	 Regular Price 179⁹⁹ 159⁹⁹ SMART SHOPPER PRICE	 Regular Price 259⁹⁹ 229⁹⁹ SMART SHOPPER PRICE

BEERS, COOLERS & CIDERS

 EARN 2X POINTS Regular Price 219⁹⁸ BUY ANY 2 R170 SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 199⁹⁸ BUY 2 FOR R145 SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 209⁹⁸ BUY 2 FOR R155 SMART SHOPPER PRICE
 Regular Price 249⁹⁸ BUY ANY 2 R200 SMART SHOPPER PRICE	 Regular Price 259⁹⁸ BUY ANY 2 R200 SMART SHOPPER PRICE	 Regular Price 309⁹⁸ BUY ANY 2 R250 SMART SHOPPER PRICE

Pick n Pay Liquor

 Regular Price 644⁹⁸ 479⁹⁹ SMART SHOPPER PRICE	 EARN 2X POINTS Regular Price 249⁹⁹ 219⁹⁹ SMART SHOPPER PRICE
 Regular Price 269⁹⁹ 229⁹⁹ SMART SHOPPER PRICE	 Regular Price 389⁹⁶ BUY ANY 3 R300 SMART SHOPPER PRICE

STAND TO WIN R100K A DAY!

UPGRADE YOUR EVERYDAY

Regular Price 158⁹⁹
109⁹⁹
SMART SHOPPER PRICE

Regular Price 129⁹⁸
BUY ANY 2 R99
SMART SHOPPER PRICE

Regular Price 69⁹⁸
BUY 2 FOR R50
SMART SHOPPER PRICE

Regular Price 91⁹⁹
69⁹⁹
SMART SHOPPER PRICE

Regular Price 79⁹⁹
69⁹⁹
SMART SHOPPER PRICE

Regular Price 82⁹⁹
74⁹⁹
SMART SHOPPER PRICE

Regular Price 45⁹⁹
34⁹⁹
SMART SHOPPER PRICE

Regular Price 52⁹⁹
42⁹⁹
SMART SHOPPER PRICE

Regular Price 59⁹⁸
BUY ANY 2 R40
SMART SHOPPER PRICE

Regular Price 55⁹⁸
BUY 2 FOR R40
SMART SHOPPER PRICE

Regular Price 43⁹⁸
BUY 2 FOR R34
SMART SHOPPER PRICE

Regular Price 36⁹⁹
29⁹⁹
SMART SHOPPER PRICE

Regular Price 29⁹⁹
21⁹⁹
SMART SHOPPER PRICE

Regular Price 73⁹⁸
BUY ANY 2 R44
SMART SHOPPER PRICE

Regular Price 39⁹⁸
BUY ANY 2 R25
SMART SHOPPER PRICE

Regular Price 51⁹⁹
35⁹⁹
SMART SHOPPER PRICE

Regular Price 67⁹⁸
BUY ANY 2 R45
SMART SHOPPER PRICE

Regular Price 34⁹⁵
BUY ANY 5 R25
SMART SHOPPER PRICE

Regular Price 79⁹⁸
BUY ANY 2 R54
SMART SHOPPER PRICE

Regular Price 43⁹⁸
BUY ANY 2 R30
SMART SHOPPER PRICE

Regular Price 106⁹⁸
BUY ALL FOR R100
SMART SHOPPER PRICE

BUY Delvento Bronze Die Linguine or Spaghettini Pasta 500g, Ina Paarman's Pasta Sauce 400g and Willow Creek Olives 200g Assorted

Regular Price 49⁹⁹
41⁹⁹
SMART SHOPPER PRICE

Regular Price 41⁹⁹
34⁹⁹
SMART SHOPPER PRICE

Regular Price 33⁹⁸
BUY ANY 2 R32
SMART SHOPPER PRICE

EARN DOUBLE POINTS ON SELECTED SMART SHOPPER DEALS. GET CRAZY DEALS.

CEREALS & SPREADS



Kellogg's Corn Flakes 750g

Regular Price 76⁹⁹
62⁹⁹
SMART SHOPPER PRICE



Kellogg's All-Bran Flakes 750g

Regular Price 69⁹⁹
68⁹⁹
SMART SHOPPER PRICE



Kellogg's Coco Pops or Froot Loops Assorted, Frosties, Rice Krispies Vanilla or Strawberry Flavoured Cereal 340-400g Each

Regular Price 62⁹⁹
46⁹⁹
each
SMART SHOPPER PRICE



Futurelife Bran+Flakes, Smart+Food Original, Zero, Kids or Granola Crunch Assorted 350-500g Each (Excludes High Protein)

Regular Price 63⁹⁹
46⁹⁹
SMART SHOPPER PRICE



Regular Price 49⁹⁹
44⁹⁹
SMART SHOPPER PRICE

PnP no name™ Brown Sugar 2kg

Regular Price 62⁹⁹
56⁹⁹
SMART SHOPPER PRICE



Little Bee Honey Squeeze Bottle 375g

Regular Price 64⁹⁹
54⁹⁹
SMART SHOPPER PRICE



Regular Price 52⁹⁹
36⁹⁹
SMART SHOPPER PRICE

Yum Yum Peanut Butter Assorted 400g Each (Excludes Caramel Crunch and Choc Chip)



Regular Price 59⁹⁹
44⁹⁹
SMART SHOPPER PRICE

Melrose Cheese Spread 250g or Wedges Assorted 200g Each



Regular Price 49⁹⁹
37⁹⁹
SMART SHOPPER PRICE

Rhodes Smooth Apricot Jam 900g



Regular Price 129⁹⁸
BUY 2 FOR R 90
SMART SHOPPER PRICE

Hulett's Equisweet Classic Sweetener Sachets 100s (Excludes Hulett's Sucralose Range)

BULK



PnP or Ubuntu Super Maize Meal 10kg



Regular Price 119⁹⁹
84⁹⁹
SMART SHOPPER PRICE



Snowflake Cake Wheat Flour 2.5kg

Regular Price 41⁹⁹
34⁹⁹
SMART SHOPPER PRICE



Sasko Cake Wheat Flour 10kg

Regular Price 154⁹⁸
119⁹⁹
SMART SHOPPER PRICE



Regular Price 189⁹⁹
164⁹⁹
SMART SHOPPER PRICE

Sunfoil Sunflower Oil 5 Litre



BUY ALL 3 R 279
SMART SHOPPER PRICE

PnP Super Maize Meal 10kg, D'Lite Pure Cooking Oil 2 Litre and Golden Delight Long Grain Parboiled Rice 10kg

GRAB THESE CRAZY DEALS

Danone Ultra Mel Vanilla Custard Assorted 1kg

EARN **2X** POINTS

Regular Price 73⁹⁸
BUY 2 FOR R 50
SMART SHOPPER PRICE



Jungle Oats 1kg

EARN **2X** POINTS

Regular Price 56⁹⁹
37⁹⁹
SMART SHOPPER PRICE



EARN **2X** POINTS

Regular Price 123⁹⁹
99⁹⁹
SMART SHOPPER PRICE

White Star Super Maize Meal 10kg



Golden Delight Long Grain White Parboiled Thai Rice 10kg

Regular Price 179⁹⁹
119⁹⁹
SMART SHOPPER PRICE

YOU COULD WIN R100K WHEN YOU PURCHASE ANY OF THE PRODUCTS ADVERTISED IN THIS CATALOGUE.

GRAB THESE CRAZY DEALS

JUMBO PACK

HUGGIES Soft Dry Comfort PANTS

VALUE PACK

EARN 2X POINTS

Regular Price **209⁹⁹**

189⁹⁹ each

SMART SHOPPER PRICE

Huggies Dry Comfort Jumbo Pack or Gold Value Pack Disposable Nappies or Pants Assorted Per Pack

EARN 2X POINTS

Regular Price **39⁹⁸**

BUY ANY 2 R 26

SMART SHOPPER PRICE

Lux Beauty Soap Assorted 175g

EARN 2X POINTS

Regular Price **63⁹⁸**

BUY ANY 2 R 42

SMART SHOPPER PRICE

Rexona Shield Anti-perspirant Roll-on Assorted 50ml

BABY

PURITY 2nd Foods or Pureed Assorted 110/125ml

Regular Price **71⁹⁶**

BUY ANY 4 R 55

SMART SHOPPER PRICE

NIDO 3+ ProBio 900g

Regular Price **203⁹⁹**

169⁹⁹

SMART SHOPPER PRICE

Nestle Cerelac Infant Cereal Assorted 500g Each

Regular Price **90⁹⁹**

76⁹⁹

SMART SHOPPER PRICE

tiny tots Gold Care Disposable Nappies Value Pack Assorted Per Pack

Regular Price **189⁹⁹**

169⁹⁹

SMART SHOPPER PRICE

BABY Club **167⁹⁹**

PURITY Baby Jelly or Aqueous Cream Assorted 450ml Each

Regular Price **42⁹⁹**

44⁹⁹

SMART SHOPPER PRICE

Johnson's Baby Wipes Assorted 224/288s Each

Regular Price **159⁹⁹**

89⁹⁹

SMART SHOPPER PRICE

Panado Paediatric Syrup Assorted 100ml Each

Regular Price **79⁹⁹**

59⁹⁹

SMART SHOPPER PRICE

PURITY Essentials Baby Soap Assorted 175g Each

Regular Price **21⁹⁹**

16⁹⁹

SMART SHOPPER PRICE

HEALTH & BEAUTY

Colgate Triple Action Anti-Cavity or Xtra White or Active Salt Toothpaste 75/100ml

Regular Price **53⁹⁸**

BUY ANY 2 R 34

SMART SHOPPER PRICE

SENSODYNE Multi Care, Herbal, Clean & Fresh, Fresh Mint or Gentle Whitening Toothpaste 75ml Each

Regular Price **69⁹⁹**

49⁹⁹

SMART SHOPPER PRICE

Lifebuoy Hygiene Soap Assorted 175g (Excludes Charcoal, Tea Tree and Turmeric Variants)

Regular Price **39⁹⁸**

BUY ANY 2 R 30

SMART SHOPPER PRICE

Organics Shampoo, Conditioner or 2in1 Assorted 1 Litre Each

Regular Price **219⁹⁸**

BUY ANY 2 R 160

SMART SHOPPER PRICE

Comfitec Body Form Pads Assorted 8/10s Each

Regular Price **16⁹⁹**

16⁹⁹

SMART SHOPPER PRICE

Kotex Maxi Pads or Pantyliners Assorted 8-20s

Regular Price **59⁹⁸**

BUY ANY 2 R 40

SMART SHOPPER PRICE

Dettol Antiseptic Liquid Assorted 750ml Each

Regular Price **119⁹⁹**

89⁹⁹

SMART SHOPPER PRICE

Always Ultra or Maxi Pads Assorted 12-20s

Regular Price **115⁹⁸**

BUY ANY 2 R 75

SMART SHOPPER PRICE

Slow-Mag Capsules, Tablets or Effervescent Assorted 10-60s Each

Regular Price **37⁹⁹**

29⁹⁹

SMART SHOPPER PRICE

Panado Pain & Fever Tablets Assorted 24s Each

Regular Price **109⁹⁹**

87⁹⁹

SMART SHOPPER PRICE

Vaseline Blue Seal Petroleum Jelly Assorted 250ml Each

Regular Price **56⁹⁹**

44⁹⁹

SMART SHOPPER PRICE

Efferlu C Immune Boost Effervescent Tablets 20s

Regular Price **109⁹⁹**

87⁹⁹

SMART SHOPPER PRICE

UPGRADE YOUR EVERYDAY

NIVEA MEN Fresh Sensation

Nivea Deodorant Assorted 150ml Each

Regular Price **49⁹⁹**

39⁹⁹ each

SMART SHOPPER PRICE

PANTENE Shampoo, Conditioner, 3in1, Mask or Treatment Assorted 150-400ml

Regular Price **189⁹⁸**

BUY ANY 2 R 160

SMART SHOPPER PRICE

NIVEA Body Lotion or Cream Assorted 400ml Each (Excludes Q10)

Regular Price **79⁹⁹**

54⁹⁹ each

SMART SHOPPER PRICE

See our Health & Beauty and Spring Cleaning Catalogues for more amazing deals.



Scan for online leaflet

EARN DOUBLE POINTS ON SELECTED SMART SHOPPER DEALS. GET CRAZY DEALS.

EARN DOUBLE POINTS

2-YEAR WARRANTY

20L

DEFY
20 Litre White Manual Microwave Oven

Regular Price **R799**
R699
SMART SHOPPER PRICE



EARN 2X POINTS
Regular Price **389.99**
339.99
SMART SHOPPER PRICE

PnP A4 White Photocopy Paper Box
• 5 Reams Per Box
• 500 Sheets Per Ream
• 80gsm

poolbrite

Month Mate Super Plus Floater Assorted 1.5kg Each

EARN 2X POINTS

Regular Price **169.99**
129.99
SMART SHOPPER PRICE



Charka Briquettes 2kg

Regular Price **135.98**
BUY 2 FOR R80
SMART SHOPPER PRICE

WAYS TO SHOP

get it delivered. **Pick n Pay** fresh! fast! easy! **asap!**



We are also available on **Mr.D**



SMART SHOPPER PRICE PALOOZA
EARN DOUBLE POINTS
GET CRAZY DEALS
STAND TO WIN R100K DAILY

YOU COULD BE THE NEXT R100K WINNER!
Competitive valid 7 September to 6 October 2024. T&Cs Apply.

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PRICES VALID 25 SEP - 6 OCT 2024

BLZNH5127L6



GOLDAIR
1.7 Litre Stainless Steel Cordless Kettle Assorted Colours Each
• Available in Black, White, Blue or Grey

Regular Price **299.99**
199.99
SMART SHOPPER PRICE



Russell Hobbs Supreme Steam and Spray Iron • 2000W

Regular Price **379.99**
279.99
SMART SHOPPER PRICE



Regular Price **R999**
R799
SMART SHOPPER PRICE

AIM
24 Litre Compact Mini Kitchen Oven • 200W



Regular Price **199.99**
169.99
SMART SHOPPER PRICE

Exclusive to **Pick n Pay**

DAY
16-Piece Stainless Steel Cutlery Set



Olima 6-Piece Food Savers Set Assorted Colours Each
• Consists of: 700ml, 1.4 Litre and 2.4 Litre Containers with Lids

Regular Price **49.99**
29.99
SMART SHOPPER PRICE



Lumoss 600ml Frosted Tumbler Assorted Colours Each

Regular Price **R25**
R20
SMART SHOPPER PRICE



PnP Bath Towel Assorted Colours Each
• Size: 70cm x 130cm

Regular Price **199.99**
149.99
SMART SHOPPER PRICE

Face Cloth
• Size: 30cm x 30cm
NOW **19.99**
REGULAR PRICE **29.99**
Guest Towel
• Size: 30cm x 30cm
NOW **34.99**
REGULAR PRICE **49.99**
Hand Towel
• Size: 50cm x 90cm
NOW **89.99**
REGULAR PRICE **119.99**
Bath Sheet
• Size: 90cm x 150cm
NOW **249.99**
REGULAR PRICE **299.99**
SMART SHOPPER PRICE



Regular Price **99.99**
79.99
SMART SHOPPER PRICE



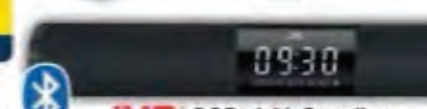
Regular Price **139.99**
119.99
SMART SHOPPER PRICE

Olima 85Litre Storage Box



AMPLIFY
Stellar Series Wireless Headphones Each
• Model: AM-2014-WT/AM-2014-BL

Regular Price **299.99**
199.99
SMART SHOPPER PRICE



JVC 2.0 Portable Soundbar
• Model: TH-N123B

Regular Price **399.99**
299.99
SMART SHOPPER PRICE



Regular Price **199.99**
149.99
SMART SHOPPER PRICE

TELEFUNKEN Portable Speaker
• Model: VK-3453-BK



Regular Price **299.99**
199.99
SMART SHOPPER PRICE

Stun 2.0 Series Portable Speaker
• Model: VK-3453-BK/VK-3453-CM



Go Air Pop True Wireless Earbuds Assorted Colours Each
• Model: EBGAIPOPRBLK124

Regular Price **R199**
179.99
SMART SHOPPER PRICE



Regular Price **139.99**
99.99
SMART SHOPPER PRICE

DURACELL Plus AA/AAA Batteries 6-Pack Each

CELLULAR AVAILABLE AT SELECTED STORES



SAVE R50
R199
Nokia 105 32MB
• Wireless FM Radio
• 2.0" Display
• 1000mAh Battery



SAVE R100
R999
Vodacom Smart Tablet 8 32GB
• 5MP Rear and 5MP Front Cameras
• 8" Display
• 4000mAh Battery



ALVA Butane Canister 220g

Regular Price **159.96**
BUY 4 FOR R120
SMART SHOPPER PRICE



Regular Price **299.99**
249.99
SMART SHOPPER PRICE

outfit Camping Stove



Regular Price **99.99**
79.99
SMART SHOPPER PRICE

Ant, Cockroach, Fleas and Bedbugs Insecticide 375ml Each

6 WEEKS LEFT TO COLLECT STICKERS!

PROMOTION VALID FROM: 22 SEPTEMBER 2026 TO 06 OCTOBER 2026

UNLEASH YOUR INNER CHEF

with **nutrifresh**™

Ends 8 November 2026

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T & Cs apply.

SAVE UP TO
80%
on **nutrifresh**™
Kitchen
Essentials

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM
Retail Price
R399.99
Discounted Price:
79.99
10cm Cook's Knife
COLLECT 30 STICKERS

BUY me for a BONUS sticker!
Baby Soft
Fresh White
Soft Toilet Tissue
2 ply 18s
119.99 per pack
WITH RewardsCARD

BUY me for a BONUS sticker!
Stork
Country Spread
40% Medium Fat
Spread Tub
1 kg
44.99 each
WITH RewardsCARD

BUY me for a BONUS sticker!
JACOBS
Krönung
Freeze Dried
Instant Coffee
200 g or
Refill Pouch
230 g (Excl. Decaf)
Assorted
156.00 each
WITH RewardsCARD

BUY me for a BONUS sticker!
SPAR
Long Life Full Cream,
Low Fat or Fat
Free Milk
(Excl. Lactose Free)
6 x 1 litre
92.99 per pack
WITH RewardsCARD

finish
QUANTUM
All in 1 56s,
Quantum
Tabs 50s
or
Ultimate
Plus Tabs
45s
Assorted
209.99 each
WITH RewardsCARD

LANCEWOOD
GOUDA
900 g
136.99 per pack
WITH RewardsCARD

Lancewood
Gouda or
Cheddar
(Incl. White
Cheddar
or Gouda)
900 g

Quality Meat. *Unbeatable* Value.
Bulk Lamb Packs
179.99 per kg

BUY me for a BONUS sticker!
TASTIC
LONG GRAIN
PARBOILED RICE
Perfect Every Time
2 kg
Assorted
29.99 each
WITH RewardsCARD

UNBEATABLE STAIN REMOVAL
FAST
OMO
Auto Washing
Powder
3 kg,
Liquid
2 litre or
Capsules
420 ml
109.99 each
WITH RewardsCARD

SC_SNR2104_1

SPAR



SHOP

Get a sticker for every R100 you spend.



COLLECT

Fill your collector's card with 30 stickers and hand it in at the till.

SAVE UP TO 80%

on **nutrifresh** Kitchen Essentials



Heat. Eat. Save.

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

More Filling

McCOY

Pies or Sausage Rolls Assorted



BUY ANY 2 FOR

65⁰⁰

Gourmet Recipe
McCOY
REAL DEAL PIES

Fresh & Convenient

Pieman's

Pies or Sausage Rolls (Excl. Burger Pie) Assorted



BUY ANY 2 FOR

55⁰⁰



Delicious made easy

Fire & Grill:

BBQ Marinated Pork Belly Ribs (500 g Raw / 360 g Cooked) and 100 g Chips



99⁹⁹ per meal



Chikka Chicken

Chikka Fillet Burger & Chips 100 g



48⁹⁰ per meal





SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.

Special available at selected **SPAR, SUPERSPAR** in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from **22 September 2026** up to and including **06 October 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).

SC_SNR2104_2

Fridge Essentials

BUY 1 GET 1 FREE
AS SEEN ON TV

Rama
70% Original Fat Spread Brick 500 g

26⁹⁹ each
WITH Rewards CARD

Butro
Full Cream Modified Butter Spread 500 g

84⁹⁹ each
WITH Rewards CARD

Blue Ribbon
Classic White Sliced Bread 700 g

17⁹⁹ per loaf
WITH Rewards CARD

Parmalat
Processed Cheese Slices 900 g Assorted

119⁹⁹ per pack
WITH Rewards CARD

SPAR
French or Chicken Polony 2 kg

49⁹⁹ each
WITH Rewards CARD

SPAR
Extra Large Eggs 30s

78⁹⁹ per pack
WITH Rewards CARD

Lancewood
Cream Cheese (Excl. Full Fat) 230 g Assorted

49⁹⁹ each
WITH Rewards CARD

Lancewood
Low Fat or Medium Fat Smooth Cottage Cheese 250 g Assorted

42⁹⁹ each
WITH Rewards CARD

Lancewood
Dip & Top 175 g Assorted

65⁰⁰
WITH Rewards CARD

SPAR
Feta Cheese 400 g Assorted

59⁹⁹ each
WITH Rewards CARD

Parmalat
Steri Stumple 350 ml Assorted

14⁹⁹ each
WITH Rewards CARD

Clover
Tropika Dairy Fruit Mix 2 litre Assorted

34⁹⁹ each
WITH Rewards CARD

Clover
Ultra Pasteurised Full Cream or Low Fat Fresh Milk Carton or Jug 2 litre

29⁹⁹ each
WITH Rewards CARD

SPAR
Full Cream Maas 2 kg

29⁹⁹ each
WITH Rewards CARD

Danone
NutriDay Yoghurt (Excl. Double Cream) 900 g Assorted

66⁰⁰
WITH Rewards CARD

Rainbow
Simply Chicken Polony 1 kg Assorted

74⁹⁹ each
WITH Rewards CARD

Clover
Double Cream Bliss Yoghurt 1 kg (Incl. Authentikos 750 g) Assorted

39⁹⁹ each
WITH Rewards CARD

Clover
Classic Smooth Yoghurt (Incl. Lactose Free Excl. Fruits of the Forest) 6 x 100 g Assorted

36⁰⁰
WITH Rewards CARD

SPAR
Red or Smoked Viennas (Incl. Cheese) 500 g

49⁹⁹ per pack
WITH Rewards CARD

SPAR
Shoulder, Round Cut or Diced Bacon 200 g

29⁹⁹ each
WITH Rewards CARD

SPAR
Back Bacon 200 g

34⁹⁹ each
WITH Rewards CARD

SPAR
Lean, Streaky Bacon or Chicken Rashers 200 g

39⁹⁹ each
WITH Rewards CARD



Shop, chop, slice and dice your way up to



80% off nutrifresh Kitchen Essentials



30 STICKERS IS ALL IT TAKES

Find out more

Ends 8 Nov 2026

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LOVE IT? SPAR GETS IT DELIVERED

Download now! Available on the App Store GET IT ON Google Play

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Special available at selected **SPAR, SUPERSPAR** in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from **22 September 2026** up to and including **06 October 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Excepted (E&OE).

SC_SNR2104_3

SHOP & CHOP

with **nutrifresh**



Freezer Essentials

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I&J Deep Water Hake Medallions 450 g or Light & Crispy Hake Portions 600 g Assorted

109⁹⁹ each

WITH Rewards CARD



I&J Crumbed Fish Fingers 800 g

109⁹⁹ per pack

WITH Rewards CARD



102⁹⁹ per pack

I&J Beefers or Chickstis 800 g Assorted

WITH Rewards CARD



SPAR Crumbed Chicken Steaklets, Pops, Fries Coated, Nuggets, Strips or Burgers 750 g

54⁹⁹ each

WITH Rewards CARD



Dr. Oetker Nice & Easy Meals (Excl. Plated) 320 g / 350 g Assorted

110⁰⁰

WITH Rewards CARD



SPAR Country Crop, Corn or Mixed Veg 1 kg

41⁹⁹ each

WITH Rewards CARD



Nature's Garden Slap Chips, Skinny, Steakhouse or Ovenbake Straight Cut Chips 900 g

49⁹⁹ each

WITH Rewards CARD



199⁹⁹ per pack

SPAR Frozen Mixed Chicken Portions 5 kg

WITH Rewards CARD



Mila Magnum Mini Ice Cream 5s Assorted

89⁹⁹ per pack

WITH Rewards CARD



McCain Mixed Vegetables 250 g Assorted

35⁰⁰

WITH Rewards CARD



59⁹⁹ each

Dairymaid Country Fresh Ice Cream 1.8 litre Assorted

WITH Rewards CARD



SPAR Rewards deals available while stocks last.

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Savings made super!

Super BUNDLE DEAL

SPAR Super Maize Meal 5 kg
+ SPAR Baked Beans in Tomato Sauce 400 g
+ SPAR Sunflower Oil 750 ml
+ SPAR Instant Noodles 5s
+ SPAR Parboiled Rice 2 kg
+ SPAR Pilchards in Tomato or Chilli Sauce 400 g

BUY ALL FOR 145⁰⁰

WITH RewardsCARD

Pantry Fillers

SPAR Extra Virgin Olive Oil 1 litre

199⁹⁹ each

WITH RewardsCARD

SPAR or Sunfoil Sunflower Oil 2 litre

69⁹⁹ each

WITH RewardsCARD

Excella Parboiled Rice 2 kg
+ Excella Sunflower Oil 750 ml

59⁹⁹ each

WITH RewardsCARD

Smash Instant Mash Potato 104 g Assorted

21⁹⁹ each

WITH RewardsCARD

Maggi 2 Minute Instant Noodles 5s Assorted

56⁰⁰

WITH RewardsCARD

SPAR Braaipap Super Maize Meal 2.5 kg

31⁹⁹ each

WITH RewardsCARD

Selati White Sugar 2.5 kg

57⁹⁹ each

WITH RewardsCARD

Huletts SunSweet Brown Sugar 3 kg

59⁹⁹ each

WITH RewardsCARD

Fatti's & Moni's Macaroni or Spaghetti 500 g

30⁰⁰

WITH RewardsCARD

Miami Braai Relish 410 g

28⁹⁹ each

WITH RewardsCARD

Koo Chakalaka 410 g Assorted

18⁹⁹ each

WITH RewardsCARD

Bull Brand Corned Meat 300 g Assorted

55⁰⁰

WITH RewardsCARD

Koo Baked Beans in Tomato Sauce 400 g

30⁰⁰

WITH RewardsCARD

Lucky Star Pilchards 400 g Assorted

29⁹⁹ each

WITH RewardsCARD

SPAR Shredded Tuna in Oil or Water 170 g

18⁹⁹ each

WITH RewardsCARD

Bulk Buy

Tastic Long Grain Parboiled White Rice 10 kg

129⁹⁹ each

WITH RewardsCARD

White Star Super Maize Meal 10 kg

96⁹⁹ each

WITH RewardsCARD

Spekko Long Grain Parboiled White Rice 10 kg

299⁹⁹

WITH RewardsCARD

SPAR Brown Sugar 2 kg
+ SPAR Sunflower Oil 2 litre
+ SPAR Super Maize Meal 10 kg
+ Spekko Long Grain Rice 10 kg

299⁹⁹

WITH RewardsCARD

TOP UP monthly with **SPAR Mobile** for **ONLY R19** and **UNLOCK MULTIPLE FREE DATA** deals in-store.
Dial *136# (Ts & Cs apply)



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.
Special available at selected **SPAR, SUPERSPAR** in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from **22 September 2026** up to and including **06 October 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).

SC_SNR2104_5

LOOK OUT FOR PARTICIPATING PRODUCTS TO GET BONUS STICKERS

BUY me for a BONUS sticker!

AS SEEN ON TV



All Gold Tomato Sauce (Incl. Hot & Spicy) 700 ml

32⁹⁹ each

WITH RewardsCARD

Pantry Fillers



Jan Braai Basting Sauce 750 ml Assorted

34⁹⁹ each

WITH RewardsCARD



Nando's Sauce or Perinaise 250 ml / 265 g Assorted

41⁹⁹ each

WITH RewardsCARD



Ina Paarmann's Concentrated Cooking Paste Flavour Bombs 106 g Assorted

31⁹⁹ each

WITH RewardsCARD



Knorr Aromat Seasoning 70 g / 75 g Assorted

13⁹⁹ each

WITH RewardsCARD



SPAR White or Brown Vinegar 2 litre

26⁹⁹ each

WITH RewardsCARD



SPAR Sliced or Grated Beetroot 780 g Assorted

29⁹⁹ each

WITH RewardsCARD



Nola Mayonnaise Original or Tangy 750 g, Sweet & Creamy or Reduced Oil 780 g (Excl. Squeeze Bottle 500 g)

39⁹⁹ each

WITH RewardsCARD



Cerebos Iodated Salt 1 kg Assorted

17⁹⁹ each

WITH RewardsCARD



Hinds Southern Coating or Southern Grill Coating 200 g Assorted

18⁹⁹ each

WITH RewardsCARD



Knorrox Stock Cubes 24s Assorted

21⁹⁹ per pack

WITH RewardsCARD



Royco Gravy, Sauce and Marinade 32 g - 48 g

30⁰⁰ each

WITH RewardsCARD



Robertsons Herbs or Spices Medium Refill (Excl. Black Pepper, Whole Spice & Ginger) 12 g - 100 g Assorted

12⁹⁹ each

WITH RewardsCARD

Baking Essentials



Knorr Soup 45 g Assorted

21⁰⁰ each

WITH RewardsCARD



Snowflake Easymix 1 kg Assorted

31⁹⁹ per pack

WITH RewardsCARD



Danone Ultra Mel Custard 1 kg

54⁰⁰ each

WITH RewardsCARD



Snowflake Corn Flour 500 g, Custard Powder 500 g or Baking Powder 200 g

24⁹⁹ each

WITH RewardsCARD

TOP UP monthly with SPAR Mobile for **ONLY R19** and **UNLOCK MULTIPLE FREE DATA** deals in-store. Dial *136# (Ts & Cs apply)



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Special available at selected SPAR, SUPERSPAR in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from 22 September 2026 up to and including 06 October 2026, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).

6_SC_SNR2104

Breakfast Essentials



nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19 CM COOKS KNIFE

COLLECT 30 STICKERS

A CUT ABOVE THE REST

Ends 8 November 2026

AS SEEN ON TV

FIVE ROSES

SUPERIOR QUALITY TEA

CEYLON BLEND TEA

102 TEA BAGS

54⁹⁹ per pack

WITH Rewards CARD

Five Roses Tagless Teabags 100s

SAVE EXTRA

SPAR Rusks 450 g / 500 g Assorted

44⁹⁹ each

WITH Rewards CARD

SLICED BUTTERMILK RUSKS

CONDENSED MILK & FUDGE RUSKS

House of Coffees Hug in a Mug Cappuccino 8s Assorted

69⁹⁹ per pack

WITH Rewards CARD

HUG in a MUG

TURKISH DELIGHT PINK HOT CHOCOLATE

Laager Pure Rooibos

Laager Rooibos Tagless Tea Bags 80s

39⁹⁹ per pack

WITH Rewards CARD

SAVE EXTRA

BUY me for a BONUS sticker!

Nescafé Ricoffy Original Instant Coffee (Excl. Decaf) 750 g / 800 g

139⁹⁹ each

WITH Rewards CARD

Value Refill 800g

SAVE EXTRA

Ellis Brown So Much More™

Ellis Brown Coffee Creamer 750 g

49⁹⁹ each

WITH Rewards CARD

Creamer with Palm Oil

NEW VALUE PACK!

Nestlé NESPRAY FortiGrow!

Nestlé Nespray 850 g

119⁹⁹ each

WITH Rewards CARD

Jungle Oats 1 kg

37⁹⁹ each

WITH Rewards CARD

BUY me for a BONUS sticker!

FUTURELIFE

Instant Meal 500 g or Instant Meal Zero 500 g (Excl. High protein 500 g) Assorted

45⁹⁹ each

WITH Rewards CARD

FUTURELIFE

Granola Crunch 600 g / 700 g Assorted

65⁹⁹ each

WITH Rewards CARD

BUY me for a BONUS sticker!

Kellogg's All Bran Flakes

Kellogg's Corn Flakes or All Bran Flakes 1 kg

130⁰⁰

WITH Rewards CARD

BUY ANY 2 FOR

SAVE EXTRA

YUM YUM Peanut Butter (Excl. Choc Dreams & Caramel Dreams) 400 g Assorted

36⁹⁹ each

WITH Rewards CARD

YUM YUM

Smooth PEANUT BUTTER

No Added Sugar & Salt PEANUT BUTTER

SPAR

Apricot or Mixed Fruit Jam 900 g

38⁹⁹ each

WITH Rewards CARD

MIXED FRUIT JAM

APRICOT JAM

SAVE EXTRA

Marmite or Bovril Spread 250 g

99⁰⁰

WITH Rewards CARD

BUY ANY 2 FOR

MARMITE

BEEFY BOVRIL

BUY me for a BONUS sticker!

BOKOMO WEET-BIX

WHOLEGRAIN WHEAT BISCUITS

Bokomo Weet-Bix 900 g

49⁹⁹ each

WITH Rewards CARD

48 Biscuits

SA'S #1 CEREAL HAS A NEW LOOK!

SINCE 1929

LOVE IT? SPAR GETS IT DELIVERED 2U

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SC_SNR2104_7

Snacks & Treats

GET YOUR
COLLECTOR'S
CARD & START
COLLECTING
TODAY



SHOP

Get a sticker for
every R100 you spend.

COLLECT

Fill your collector's card
with 30 stickers and
hand it in at the till.

**SAVE UP TO
80%**
on **nutrifresh**
Kitchen Essentials

nutrifresh
UNLEASH
YOUR INNER CHEF
at **SPAR**



**FIND THE
FULL RANGE
IN-STORE**

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SAVE EXTRA

Simba
SMOKED BEEF
FLAVOURED
POTATO CHIPS

Simba
MRS H.S. BALL'S ORIGINAL
CHUTNEY FLAVOURED
POTATO CHIPS

BUY ANY 2 FOR 32⁰⁰

Simba Potato Chips
120 g Assorted

WITH Rewards CARD

Willards
BIG KORN BITES
BBQ
FLAVOURED MAIZE CHIPS

Willards
BIG KORN BITES
SWEET CHILLI

BUY ANY 2 FOR 32⁰⁰

Willard's Big Korn Bites
120 g Assorted

WITH Rewards CARD

NIK NAKS
ORIGINAL
FLAVOURED MALT

NIK NAKS
CHUTNEY
FLAVOURED MALT

BUY ANY 2 FOR 22⁰⁰

Simba Nik Naks
135 g Assorted

WITH Rewards CARD

SAFARI
ROASTED & SALTED
PEANUTS

SAFARI
SALTED PEANUTS
& RAISINS

49⁹⁹ each

Safari Roasted Peanuts,
Peanuts & Raisins
or Seedless Raisins
450 g / 500 g

WITH Rewards CARD

PRINGLES
SMOKEY BBQ

PRINGLES
CHEESY CHEESE

BUY ANY 2 FOR 99⁰⁰

Pringles Potato Chips
165 g Assorted

WITH Rewards CARD

MANHATTAN
THE TASTE OF FUN

marshmallows
PINK AND WHITE

49⁹⁹ per pack

Manhattan Marshmallows
Pink and White
400 g

WITH Rewards CARD

23⁹⁹ per pack

Risi Marie Biscuits
Triple pack
3 x 150 g

WITH Rewards CARD

29⁹⁹ per pack

Bakers Eet-Sum-Mor
Biscuits
200 g Assorted

WITH Rewards CARD

Beacon
Allsorts Liquorice or
Mint Imperials
75 g or
Maynards Gums and
Jellies 60 g
75 g Assorted

Maynards
Life is juicy

BUY ANY 2 FOR 24⁰⁰

75 g
60 g

WITH Rewards CARD

Nestlé
KitKat
100% sustainably
sourced cocoa

Nestlé
TEX
keep it light!

Nestlé
Aero
milk

BUY ANY 3 FOR 35⁰⁰

Nestlé Kit Kat, Aero,
Bar-one, Smarties, Tex,
Milkybar Chocolate Bars
40 g / 41.5 g / 52 g Assorted

WITH Rewards CARD



SPAR Rewards deals available while stocks last.

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Refreshments

Mr Orange
or Rascals
Sport
Ready to Drink
6 x 300 ml

26⁹⁹ per pack

WITH Rewards CARD

Super BUNDLE DEAL

Cappy
STILL
100% Fruit Juice
Blend
1.5 litre
Assorted

BUY ANY 2 FOR

66⁰⁰

WITH Rewards CARD

Super BUNDLE DEAL

AS SEEN ON TV

BUY me for a BONUS sticker!

Red Bull
Energy Drink
(Incl. Sugar Free)
355 ml
Assorted

BUY ANY 2 FOR

44⁰⁰

WITH Rewards CARD

Rhodes
100%
Fruit Juice Blend
6 x 200 ml
Assorted

43⁹⁹ per pack

WITH Rewards CARD

Super BUNDLE DEAL

BUY me for a BONUS sticker!

Coca-Cola
Regular
Only
2 litre

BUY ANY 2 FOR

49⁹⁹

WITH Rewards CARD

Super BUNDLE DEAL

Fanta, Stoney
or Sprite
(Excl. Coca-Cola
and Zero or
Light Range)
2 litre

BUY ANY 2 FOR

38⁰⁰

WITH Rewards CARD

Liqui-Fruit
100%
Fruit Juice
Blend
1 litre
Assorted

29⁹⁹ each

WITH Rewards CARD

Valpré
Spring Water
Still or
Sparkling
6 x 500 ml

59⁹⁹ per pack

WITH Rewards CARD

Super BUNDLE DEAL

aQuellé
Sparkling
or Still
Natural Spring
Water
1.5 litre
Assorted

BUY ANY 2 FOR

22⁰⁰

WITH Rewards CARD

Super BUNDLE DEAL

Go
Sports
Drink
500 ml
Assorted

BUY ANY 2 FOR

22⁰⁰

WITH Rewards CARD

Super BUNDLE DEAL

Appletiser
or Grapetiser
Original
1.25 litre
Assorted

BUY ANY 2 FOR

75⁰⁰

WITH Rewards CARD



COMPLETE YOUR
COLLECTOR'S CARD
TO REDEEM AND
SAVE UP TO 80%
on **nutrifresh** Kitchen Essentials



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LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Special available at selected **SPAR, SUPERSPAR** in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from **22 September 2026** up to and including **06 October 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).

SC_SNR2104_09

Available at selected SPAR and SUPERSPAR

PERSONAL CARE BY

SPAR 

YOUR Everyday Elevated



39⁹⁹ each
WITH Rewards CARD

Mitchum Roll-on for Women 50 ml Assorted



Dolly Varden Tissue Oil 100 ml Assorted

23⁹⁹ each
WITH Rewards CARD



Rexona Shield Roll-on for Women 50 ml Assorted

21⁹⁹ each
WITH Rewards CARD

Stay Fresh.

Stay Confident.



42⁹⁹ each
WITH Rewards CARD

Yardley Body Spray For Women 90 ml Assorted



31⁹⁹ each
WITH Rewards CARD

Revlon Body Spray 90 ml Assorted



34⁹⁹ each
WITH Rewards CARD

Revlon Body Spray for Women 90 ml Assorted



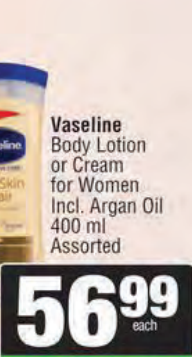
34⁹⁹ each
WITH Rewards CARD

Playgirl Body Spray (Incl. Playgirl Deodorant 150 ml) 90 ml Assorted



Vaseline Intensive Care Body Lotion or Cream for Women 625 ml Assorted

94⁹⁹ each
WITH Rewards CARD



Vaseline Body Lotion or Cream for Women Incl. Argan Oil 400 ml Assorted

56⁹⁹ each
WITH Rewards CARD



Vaseline Cera-Glow Body Gel-Oil 200 ml

139⁹⁹ each
WITH Rewards CARD

Vaseline Cera-Glow Even Tone & Moisture Body Lotion or Cream 400 ml Assorted

104⁹⁹ each
WITH Rewards CARD

Comfort

Your Skin



Ingram's Man or Women Body Cream or Lotion 400 ml Assorted

46⁹⁹ each
WITH Rewards CARD



Vaseline Petroleum Jelly 250 ml Assorted

45⁹⁹ each
WITH Rewards CARD

Smooth Starts Here



Soleil escape 5 Blades 2s

79⁹⁹ per pack
WITH Rewards CARD



Bic Pure Lady Disposable Razors 4+2 6s

64⁹⁹ per pack
WITH Rewards CARD



Bic 1 Disposable Razors 5s

24⁹⁹ per pack
WITH Rewards CARD



Care By SPAR Fixed Head Twin Blade Disposable Razors for Men or Women 5s

21⁹⁹ per pack
WITH Rewards CARD

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10_SC_SNR2104

Available at selected SPAR and SUPERSPAR

Level Up Your Grooming

Game!

Look Sharp.

Feel Fresh

Stay Fresh.

Stay Ready



Rexona
Shield Roll-On
Deodorant
for Men
50 ml

21⁹⁹
each

WITH Rewards CARD



Care By SPAR
Roll-On for
Men or Women
50 ml
Assorted

15⁹⁹
each

WITH Rewards CARD



39⁹⁹
each

WITH Rewards CARD

Mitchum
Roll-On for Men
50 ml
Assorted



Brut
Anti-Perspirant
Roll-On for Men
50 ml
Assorted

48⁰⁰
each

WITH Rewards CARD



Status
Deodorant
Spray
Assorted
130 ml

36⁹⁹
each

WITH Rewards CARD



Care By SPAR
Shower Gel
500 ml
Assorted

34⁹⁹
each

WITH Rewards CARD



Playboy
Aerosol
Deodorant
150 ml
Assorted

34⁹⁹
each

WITH Rewards CARD



Revlon
Fire & Ice Body
Spray for Men
120 ml
Assorted

34⁹⁹
each

WITH Rewards CARD



Axe
Fine Fragrance
Deodorant
Assorted
150 ml

46⁹⁹
each

WITH Rewards CARD



Axe
Aerosol
Deodorant
for Men
150 ml
Assorted

36⁹⁹
each

WITH Rewards CARD



Yardley
Deodorant
for Men
Assorted
125 ml

42⁹⁹
each

WITH Rewards CARD



69⁹⁹
each

WITH Rewards CARD

79⁹⁹
each

WITH Rewards CARD

79⁹⁹
each

WITH Rewards CARD



64⁹⁹
each

WITH Rewards CARD

67⁹⁹
each

WITH Rewards CARD



54⁹⁹
each

WITH Rewards CARD



69⁹⁹
each

WITH Rewards CARD

Nivea Men
Shower Gel
500 ml
Assorted

Precision Starts Here



64⁹⁹
per pack

WITH Rewards CARD



24⁹⁹
per pack

WITH Rewards CARD



114⁹⁹
each

WITH Rewards CARD



95⁹⁹
per pack

WITH Rewards CARD



54⁹⁹
each

WITH Rewards CARD

SPAR Shaving
Gel
200 ml
Assorted

Healthy Skin.

Confident You



94⁹⁹
each

WITH Rewards CARD

56⁹⁹
each

WITH Rewards CARD

Vaseline
Body Lotion or
Cream for Men
Incl. Argan Oil
400 ml
Assorted

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SC_SNR2104_11

Confidence Begins with a *Smile*

Make Your Smile Part of the
Routine

Available at selected SPAR and SUPERSPAR

Colgate Bluey Kids Toothbrush 2-5 years 2s

34⁹⁹ per pack

WITH Rewards CARD

Colgate Harry Potter Toothpaste 50 ml

39⁹⁹ each

WITH Rewards CARD

Colgate Bluey Kids Toothpaste 50 ml

24⁹⁹ each

WITH Rewards CARD

Colgate Harry Potter Toothbrush

39⁹⁹ each

WITH Rewards CARD

SPAR Oral-Pro Toothbrush Everyday Clean Soft Assorted

7⁹⁹ each

WITH Rewards CARD

Sensodyne or Parodontax Toothpaste Clean & Fresh, Fresh Mint, Multicare or Gentle Whitening 75 ml

49⁹⁹ each

WITH Rewards CARD

White Glo Toothpaste 75 ml Assorted

21⁹⁹ each

WITH Rewards CARD

Colgate Total Pro Toothpaste 75 ml

39⁹⁹ each

WITH Rewards CARD

Listerine Cool Mint or Milder Taste, Fresh Burst, Smart Rinse Mint or Smart Rinse Berry Base Range Mouthwash 500 ml

62⁹⁹ each

WITH Rewards CARD

SPAR Oral Pro Mouthwash 250 ml Assorted

29⁹⁹ each

WITH Rewards CARD

Care That Moves With

You
Be Unstoppable

Stayfree Maxi Sanitary Pads or Panty Liners 10s / 20s Assorted

35⁰⁰

WITH Rewards CARD

SPAR Petals Pads & Pantyliners Multipack 18s

22⁹⁹ per pack

WITH Rewards CARD

SPAR Petals Maxi Plus Sanitary Pads 8s / 9s Assorted

34⁰⁰

WITH Rewards CARD

Dove Baby Cotton Wool Ovals 40s or Wands 80s

21⁹⁹ per pack

WITH Rewards CARD

Dove Baby Cotton Wool Circles or Clouds 80s / 60s

31⁹⁹ per pack

WITH Rewards CARD

Assure Adult Incontinence Diaper Slips or Pants 10s Assorted

149⁹⁹ per pack

WITH Rewards CARD

Lil-lets Thin Pantyliners 100s Assorted

39⁹⁹ per pack

WITH Rewards CARD

Lil-lets Maternity Pads 10s Assorted

49⁹⁹ per pack

WITH Rewards CARD

Lil-lets Drylock Pantyliners for Bladder Weakness Regular 34s Assorted

49⁹⁹ per pack

WITH Rewards CARD

Lil-lets Tampons 32s Assorted

42⁹⁹ per pack

WITH Rewards CARD

Lil-lets Maxi Pads (Incl. Teen) 10s Assorted

34⁰⁰

WITH Rewards CARD

Lil-lets Drylock Pads for Bladder Weakness Long 12s

44⁹⁹ each

WITH Rewards CARD

Lil-lets Pantyliners Assorted 25s

16⁹⁹ per pack

WITH Rewards CARD

Lil-lets Drylock Pantyliners for Bladder Weakness 14s

34⁹⁹ per pack

WITH Rewards CARD

Lil-lets Intimate Care Wipes 20s Assorted

37⁹⁹ per pack

WITH Rewards CARD

Lil-lets Intimate Care Crème Wash 150 ml

69⁹⁹ each

WITH Rewards CARD

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Your Daily Beauty

Reset

Available at selected SPAR and SUPERSPAR



Perfect Touch
Hair Spray, Mousse or
Heat Defense
350 ml / 500 g

86⁹⁹
each
WITH Rewards CARD

Pantene
Shampoo or
Conditioner
Assorted
400 ml

59⁹⁹
each
WITH Rewards CARD



Care by SPAR
Roll On Deodorant for Women
50 ml
Assorted

15⁹⁹
each
WITH Rewards CARD

Care By SPAR
Body Wash
500 ml
Assorted

34⁹⁹
each
WITH Rewards CARD

Sanex
Skin
Therapy
Wash
450 ml
Assorted

74⁹⁹
each
WITH Rewards CARD

Nivea
Rose Care Face Mist
150 ml

79⁹⁹
each
WITH Rewards CARD

129⁹⁹
each
WITH Rewards CARD

Nivea
Luminous
Skin Glow
Moisturizer
100 ml

Nivea
Clear Up
Face Wash
75 ml

79⁹⁹
each
WITH Rewards CARD

Nivea
Foam Wash
Luminous630
Skin Glow
100 ml

64⁹⁹
each
WITH Rewards CARD

Nivea
Wash Gel
Luminous630
Skin Glow
150 ml

99⁹⁹
each
WITH Rewards CARD

Nivea
Shower Gel
Assorted
500 ml

69⁹⁹
each
WITH Rewards CARD

Nivea Men
Body Cream
or Lotion
for Men
400 ml
Assorted

54⁹⁹
each
WITH Rewards CARD

Nivea
Perfect &
Radiant
Charcoal
Face Wash
150 ml

139⁹⁹
each
WITH Rewards CARD

Nivea
Face Wash
150 ml

89⁹⁹
each
WITH Rewards CARD

Nivea
Micellar Water
Luminous630
Skin Glow
400 ml

99⁹⁹
each
WITH Rewards CARD

Nivea
Micellar Water
400 ml
Assorted

99⁹⁹
each
WITH Rewards CARD

Nivea
Body Cream
or Lotion
for Women
400 ml
Assorted

54⁹⁹
each
WITH Rewards CARD

Dettol
Shower Gel
500 ml

49⁹⁹
each
WITH Rewards CARD

Dove
Soap Bar
for Women
4s
Assorted

67⁹⁹
per pack
WITH Rewards CARD

Dove
Body Wash
for Women
1 litre
Assorted

174⁹⁹
each
WITH Rewards CARD

Dove
Aerosol
Antiperspirant
for Women
250 ml
Assorted

67⁹⁹
each
WITH Rewards CARD

Dove
Deodorant Stick
for Women
50 ml
Assorted

64⁹⁹
each
WITH Rewards CARD

Dove
Shampoo, 2in1 or
Conditioner
350 ml / 400 ml
Assorted

84⁹⁹
each
WITH Rewards CARD

Dove
Body Lotion
or Cream
Assorted
400 ml

79⁹⁹
each
WITH Rewards CARD

Dove
Body Wash
for Women
400 ml

69⁹⁹
each
WITH Rewards CARD

SPAR
Germex
Hygiene Soap
175 g
Assorted

23⁰⁰
WITH Rewards CARD

Lifebuoy
Hygiene Soap
(Excl. Natural
Range, Charcoal,
Honey & Tea Tree)
175 g

30⁰⁰
WITH Rewards CARD

Sela
Tea
Assorted
20s

44⁹⁹
per pack
WITH Rewards CARD

Panado
Paracetamol Tablets
24s

34⁹⁹
per pack
WITH Rewards CARD

Panado
Effervescent
16s / 20s

54⁹⁹
each
WITH Rewards CARD

Calpol
Paediatric
Syrup
100 ml
Assorted

67⁹⁹
each
WITH Rewards CARD

Savlon
Antiseptic
Liquid
750 ml

76⁹⁹
each
WITH Rewards CARD

BioPlus
Sachet
10 ml
Assorted

30⁰⁰
WITH Rewards CARD

Vicks
Acta Plus
Cough Syrup
Assorted
90 ml

49⁹⁹
each
WITH Rewards CARD

Benlylin
Cough Syrup
(Excl. 4-Way)
100 ml
Assorted

54⁹⁹
each
WITH Rewards CARD

Panado
Paediatric
Syrup
Assorted
12 x 5 ml

48⁹⁹
per pack
WITH Rewards CARD

Panado
Paediatric
Syrup
Assorted
100 ml

64⁹⁹
each
WITH Rewards CARD



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SC_SNR2104_13

Care for you

**FIND THE
FULL RANGE
IN-STORE**

nutrifresh

**UNLEASH
YOUR INNER CHEF**

at **SPAR**

**SHOP
COLLECT
SAVE UP
TO 80%**

on **nutrifresh**
Kitchen Essentials

**COLLECT
FOR THE PRICE**

**BUY ANY
2 FOR**

WITH REWARDS CARD

**SAVE UP TO
80%**
on **nutrifresh**
Kitchen Essentials

SPAR

**UNLEASH
YOUR INNER
CHEF**
with **nutrifresh**



22 July - 5 November.
See in-store for details.

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

Super BUNDLE DEAL

BUY ANY 2 FOR 28⁰⁰

Dettol Hygiene Soap 175 g Assorted

WITH Rewards CARD

mentadent P

31⁹⁹ each

MENTADENT P
PROTECTION
CLINICALLY PROVEN FLUORIDE TOOTHPASTE

WITH Rewards CARD

Gillette Mach3 Razor 2up

109⁹⁹ each

WITH Rewards CARD

Oral B 3 Effect Classic Medium Toothbrush 2s

39⁹⁹ per pack

WITH Rewards CARD

SPAR Sola Kids Value Pack 270 ml

224⁹⁹ each

WITH Rewards CARD

SPAR Sola Adult Value Pack 270 ml

114⁹⁹ per pack

WITH Rewards CARD

Libresse Maxi Pads 7s, 9s, 10s or Pantyliners 20s Assorted

18⁹⁹ per pack

WITH Rewards CARD

Vicks Vapo Baby Rub 45 g Assorted

44⁹⁹

WITH Rewards CARD

Vicks Vaporub Ointment 50 g

49⁹⁹ each

WITH Rewards CARD

Dark & Lovely Oil Moisturising Spray 250 ml

47⁹⁹ each

WITH Rewards CARD

Dark & Lovely Relaxer Cream 250 ml

45⁹⁹ each

WITH Rewards CARD

Old Spice Deodorant Spray 150 ml Assorted

42⁹⁹ each

WITH Rewards CARD

Rennie Antacid Tablets Peppermint, Spearmint, Aniseed or Orange 24s

42⁰⁰ per pack

WITH Rewards CARD

Head & Shoulders Anti-Dandruff Shampoo or 2 in 1 Conditioner 360 ml / 400 ml Assorted

140⁰⁰

WITH Rewards CARD

Baby Essentials

Nestlé Nido 3+ Powdered Drink 900 g

169⁹⁹ each

WITH Rewards CARD

Nestlé Cerelac Baby Cereal Just Add Water 200 g Assorted

35⁹⁹ each

WITH Rewards CARD

Woodward's Gripe Water 150 ml

42⁹⁹ each

WITH Rewards CARD

SPAR Little Munchkins Wipe 80s Assorted

29⁹⁹ each

WITH Rewards CARD

Purity Baby Food Jar 125 ml or Puree Pouch 110 ml Assorted

42⁰⁰

WITH Rewards CARD

Pampers Active Jumbo Pack Nappies and Pants or Premium Value Pack Nappies and Pants

400⁰⁰

WITH Rewards CARD

Huggies Skin Soft PANTS

209⁹⁹ per pack

WITH Rewards CARD

Huggies Gold Nappies or Pants Jumbo Pack Assorted

WITH Rewards CARD

Huggies Extra Care Nappies Value Pack Assorted

209⁹⁹ per pack

WITH Rewards CARD

Nestlé Nestum No.1 Baby Cereal Just Add Milk 200 g Assorted

24⁹⁹ each

WITH Rewards CARD

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SHOP

Get a sticker for every R100 you spend.



COLLECT

Fill your collector's card with 30 stickers and hand it in at the till.

SAVE UP TO 80%

on **nutrifresh** Kitchen Essentials



Home Essentials



Home Care by Spar Dish Cloth 1s

17⁹⁹ each

WITH Rewards CARD



Scotch-Brite Power Clean 3+1 FREE

Scotch-Brite Scrub Sponge, Multi-Colored Scrub Sponge or Delicate Care Scourers 4s / 5s / 3s

26⁹⁹ each

WITH Rewards CARD



SPAR Serviettes 1 Ply 100s

22⁹⁹ each

WITH Rewards CARD



SPAR Paper Plates 230 mm 50s

49⁹⁹ per pack

WITH Rewards CARD



SPAR Disposable Cups 10s

19⁹⁹ each

WITH Rewards CARD



SPAR Aluminium Foil 5 m

39⁹⁹ each

WITH Rewards CARD



Garbie Super Saver Refuse Bags 20s

39⁹⁹ per roll

WITH Rewards CARD



SPAR goodliving Dustpan & Brush

49⁹⁹ per set

WITH Rewards CARD



SPAR goodliving Twist Mop

159⁹⁹ each

WITH Rewards CARD



Shield Sheen Vinyl, Plastic and Rubber Care 300 ml Assorted

45⁹⁹ each

WITH Rewards CARD



SPAR goodliving Tumbler Hi Ball, Whiskey or Zombie

11⁹⁹ each

WITH Rewards CARD



HTH Dry Chlorine 4 kg

239⁹⁹ each

WITH Rewards CARD



Poolbrite Monthmate Super Plus Floater 1.5 kg Assorted

139⁹⁹ each

WITH Rewards CARD



Duracell Plus AA or AAA 8s

119⁹⁹ per pack

WITH Rewards CARD



SPAR Firelighters 12s

19⁹⁹ each

WITH Rewards CARD



SPAR Briquettes 5 kg

79⁹⁹ each

WITH Rewards CARD



SPAR goodliving Large Braai

289⁹⁹ each

WITH Rewards CARD



SPAR goodliving Cooler Box 26 litre Assorted

229⁹⁹ each

WITH Rewards CARD



Russel Hobbs Microwave 1s

999⁹⁹ each

WITH Rewards CARD



Durban-style
Curry on
the Coals

Delicious
Braaibroodjies

Fireside feasts
to remember

Flaming good meals for less.



39⁹⁹ each
SPAR
freshline
Potjie Pack
1 kg



79⁹⁹ per kg
Your Butcher
By SPAR
Drums & Thighs
(Starpack)
5s, 8s, 12s or 16s



79⁹⁹ per kg
Your Butcher
By SPAR
Fresh Chicken
Fillets
4s



64⁹⁹ per kg
Your Butcher
By SPAR
Fresh Whole Chicken
in a Bag/Tray
(No Giblets)

SNR2087

LOVE IT? SPAR GETS IT DELIVERED



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39⁹⁹ each
SPAR
freshline
Mixed
Mushrooms
350 g



16⁹⁹ each
SPAR
freshline
Tomatoes
750 g



99⁹⁹ per kg
SPAR
Tender & Tasty
Deboned Fresh Chicken Thigh
Espetada Sweet Chili BBQ,
Roasted Garlic Butter,
BBQ or Peri-Peri



39⁹⁹ per pack
SPAR
Bakery
Roosterkoek
6s



29⁹⁹ per pack
SPAR
Bakery
Mini White
Hot Dog Rolls
12s



109⁹⁹ per kg
Your Butcher
By SPAR
Rooberg or
Grabouw
Boerewors



79⁹⁹ per kg
Your Butcher
By SPAR
Bulk Pork Braai Chops
(May consist of Best End
or Shoulder Chops)



89⁹⁹ per kg
Your Butcher
By SPAR
Pork Belly Roast
or Pork Braai
Rashers



79⁹⁹ each
Your Butcher
By SPAR
Ostrich Fillet
or Prime Steak
Portions
400 g



34⁹⁹ each
SPAR
freshline
Potatoes
2 kg
SNR2087



SPAR Rewards deals. While stocks last.

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120⁰⁰ each
SPAR Bakery
Rainbow
Cake



99⁹⁹ each
SPAR Bakery
Large Baked
Milk Tart
1.2 kg



179⁹⁹ per kg
Your Butcher
By SPAR
Beef Rump or
Sirloin Steaks



199⁹⁹ per kg
SPAR
Steak Co.
Beef Bavette
Plankie Steak



Mini Banana
Bread with a
Caramel Drizzle

Skillet
Apple
Crumble



Butter Up
Your Steak
Lemon & Herb or
Cowboy-style



29⁹⁹ each
SPAR
freshline
Golden Delicious
and Red Apples
1.5 kg



39⁹⁹ each
SPAR
freshline
Bananas
Mini Box
1.2 kg



24⁹⁹ each
SPAR
freshline
Lettuce Packs
Assorted
220 g - 300 g



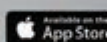
119⁹⁹ per kg
SPAR
Tender & Tasty
Lamb
Minced Liver
Skilpadjies

SNR2087

LOVE IT? SPAR GETS IT DELIVERED



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products.

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179⁹⁹ per combo

Combo Deal

SPAR Tender & Tasty Pork Belly Ribs Sweet & Sticky or BBQ 1 kg
+ SPAR Bakery Garlic Bread 330 g



SPAR Pepper Steak or Slow Roasted Chicken Pie 550 g

89⁹⁹ each

SPAR Braai Snoek With Apricot Marinade 1.1 kg

149⁹⁹ each

Your Butcher By SPAR Ostrich Burgers

59⁹⁹ each



119⁹⁹ per kg

Your Butcher By SPAR Beef Original, Chargrill or Cheese Burgers



Buy any 2 for **40⁰⁰**

SPAR Bakery Hot Dog or Hamburger Rolls 6s



39⁹⁹ per pack

SPAR Bakery Garlic, Herb or Chilli & Garlic Braai Rolls 6s

SNR2087

Pick your Fireside feast

Flaming good meals for less.

No-prep Ribs & Garlic Bread

Braai-style Sliders

SPAR Rewards deals. While stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

Special available at selected SPAR, SUPERSPAR in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from 22 September 2026 up to and including 06 October 2026, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. **Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).**

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Not For Persons Under The Age Of 18.

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